



Inquiry into Spectacle Independence: Discussion on refractive surgery options to fit patient-specific needs

Kristen Walton OD FAAO
Brandon Baartman MD
John Goertz OD FAAO



Financial Disclosures

Disclosure of Relevant Financial Relationships

Name: Brandon Baartman, MD

Name of Ineligible Company	Nature of Relevant Financial Relationship (include all that apply)	
	What was Received?	For What Role?
Refocus Group	Consultant Fee	Consultant
Allergan	Consultant Fee	Consultant
Sight Sciences	Honorarium	Lecture
Sight Sciences	Consultant Fee	Consultant
Sight Sciences	Research	Research
Glaukos	Speaker	Lecture
Glaukos	Research	Research
EyeGate Pharma	Consultant Fee	Consultant
Equinox	Consultant Fee	Consultant
Expert Opinion	Consultant Fee	Consultant
Trefoil Therapeutics	Research	Research
Oyster Point Pharma	Research	Research
KOWA	Research	Research
STAAR Surgical	Research	Research
RX Sight	Research	Research



Disclosure of Relevant Financial Relationships

Name: Kristen Walton, OD

Name of Ineligible Company	Nature of Relevant Financial Relationship (include all that apply)	
	What was Received?	For What Role?
Glaukos	Research	Research
Trefoil Therapeutics	Research	Research
Oyster Point Pharma	Research	Research
Sight Sciences	Research	Research
Alcon	Research	Research
Bausch & Lomb	Research	Research
Beaver Visitec (BVI)	Research	Research
KOWA	Research	Research
STAAR Surgical	Research	Research
RX Sight	Research	Research



Financial Disclosures

Disclosure of Relevant Financial Relationships

Name: John Goertz, OD

Name of Ineligible Company	Nature of Relevant Financial Relationship (include all that apply)	
	What was Received?	For What Role?
Glaukos	Research	Research
Trefoil Therapeutics	Research	Research
Oyster Point Pharma	Research	Research
Sight Sciences	Research	Research
Alcon	Research	Research
Bausch & Lomb	Research	Research
Beaver Visitec (BVI)	Research	Research
KOWA	Research	Research
STAAR Surgical	Research	Research
RX Sight	Research	Research





Preoperative Testing

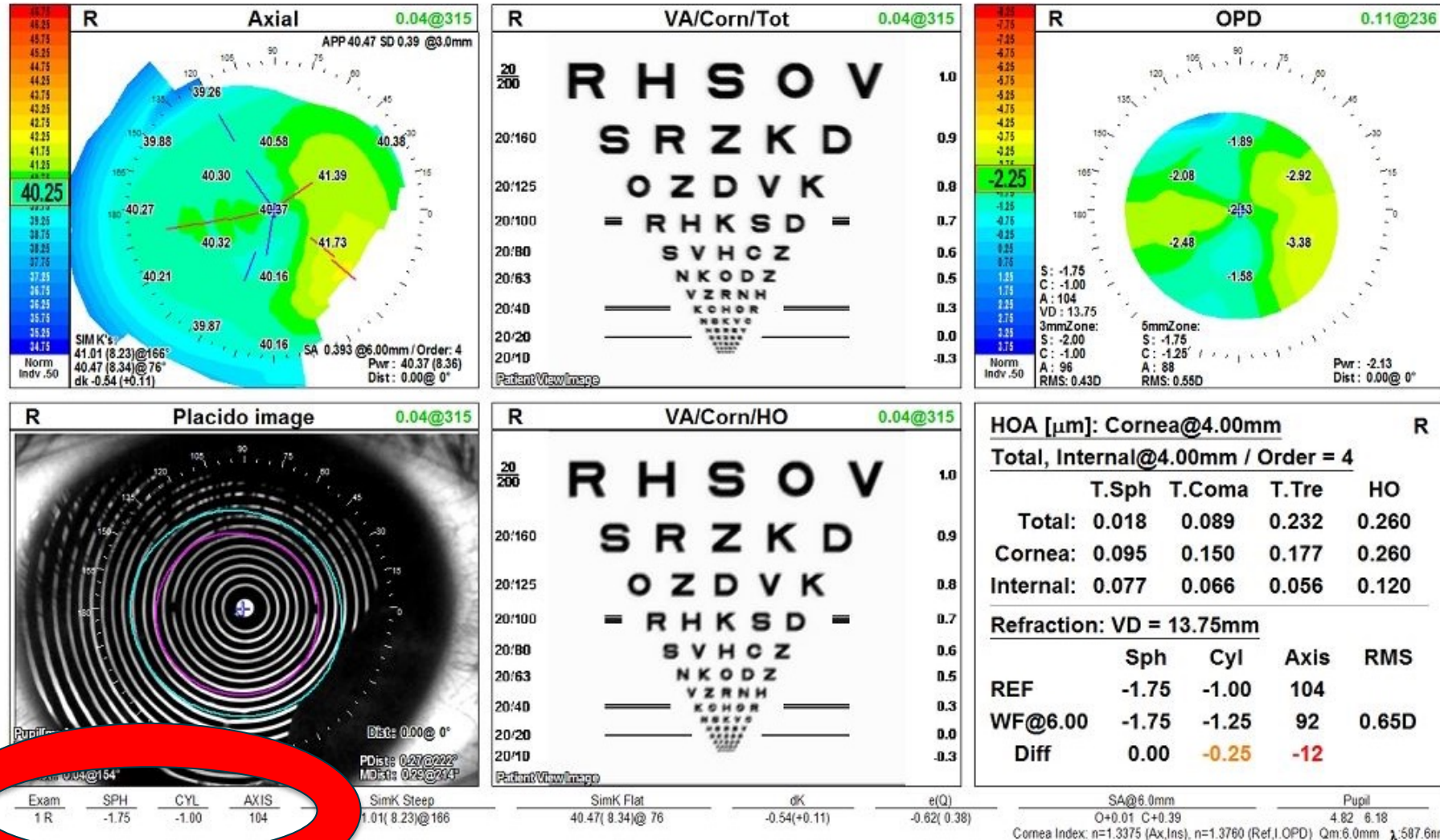


“Super Techs”

- One Patient
 - One Tech
 - One Scan
 - One Room
 - One Visit
-



Autorefrraction



Manifest and Cycloplegic Refraction

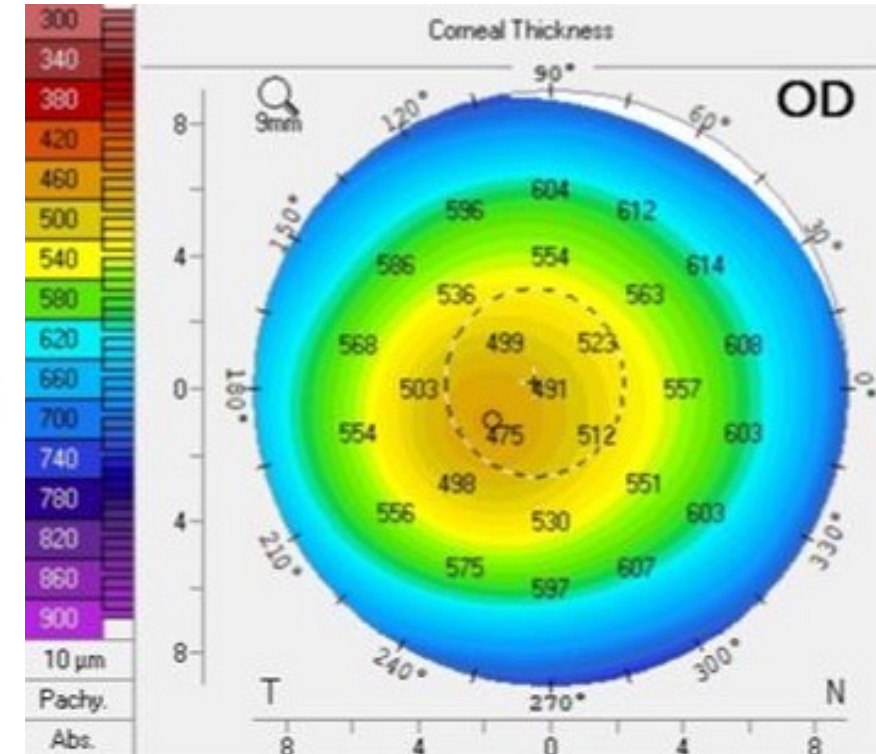
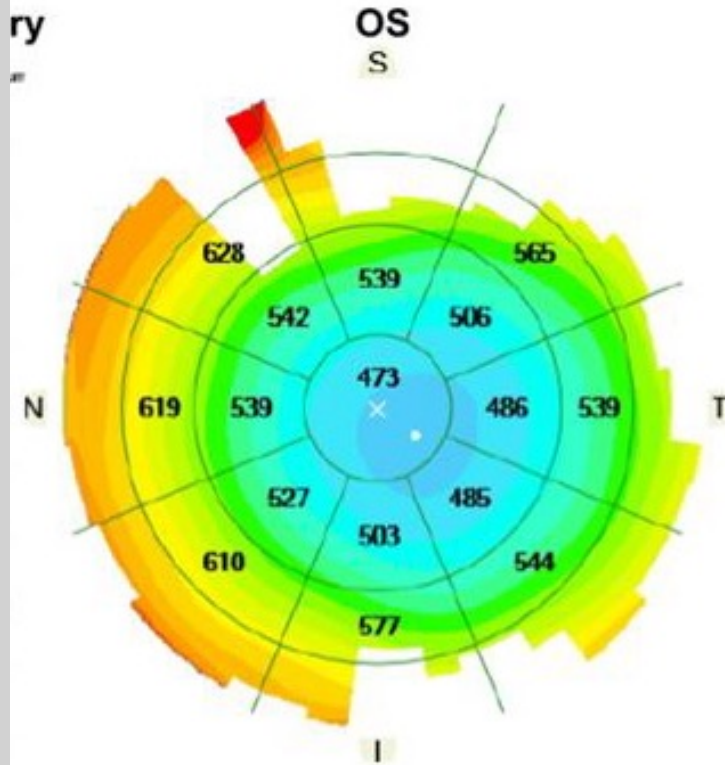


<https://www.amazon.com/Green-Day-Insomniac/dp/B000002N2P>



<https://metro.co.uk/2013/02/07/justin-timberlake-unveils-optical-artwork-for-new-album-the-2020-experience-3397966/>

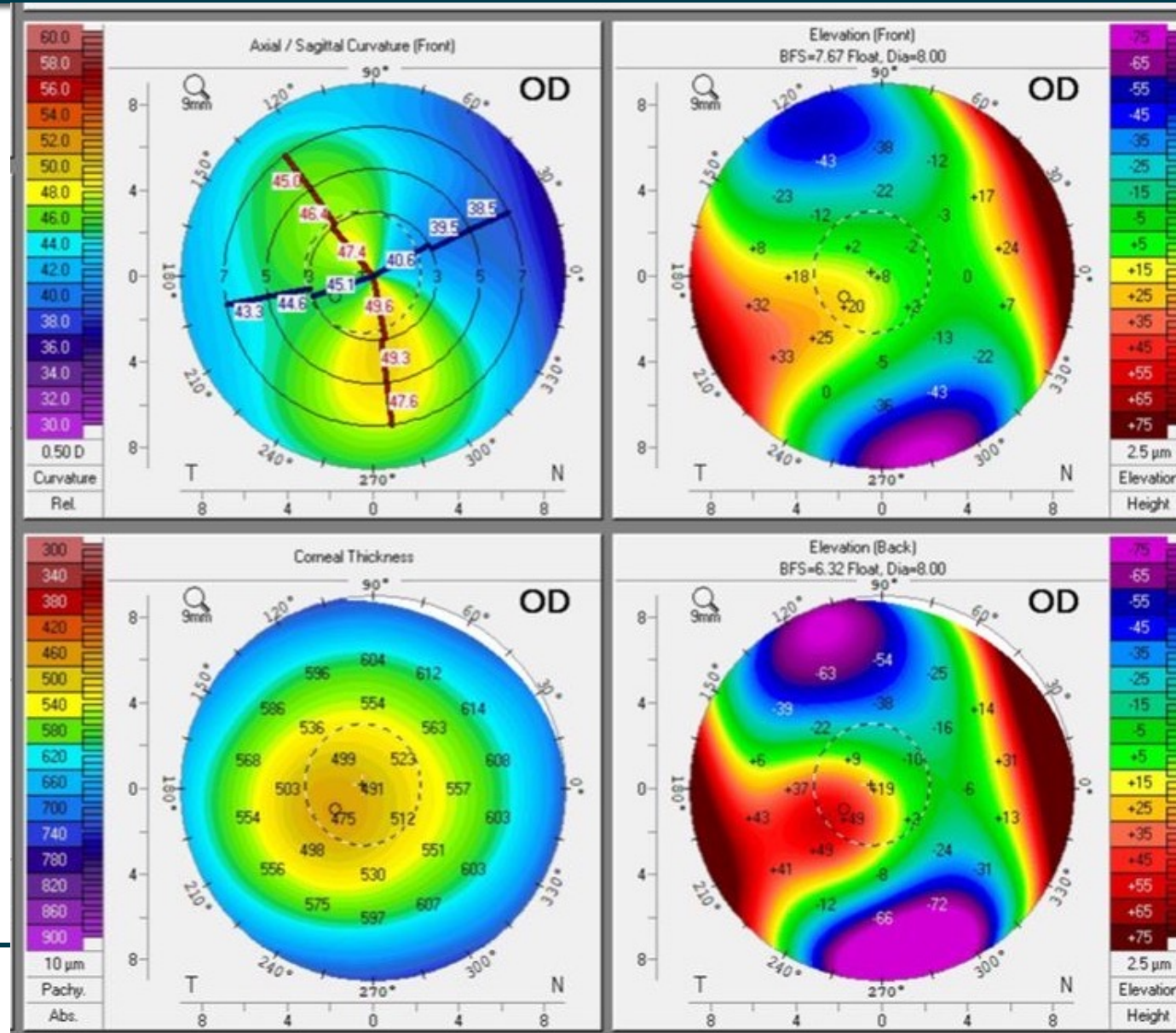
Pachymetry



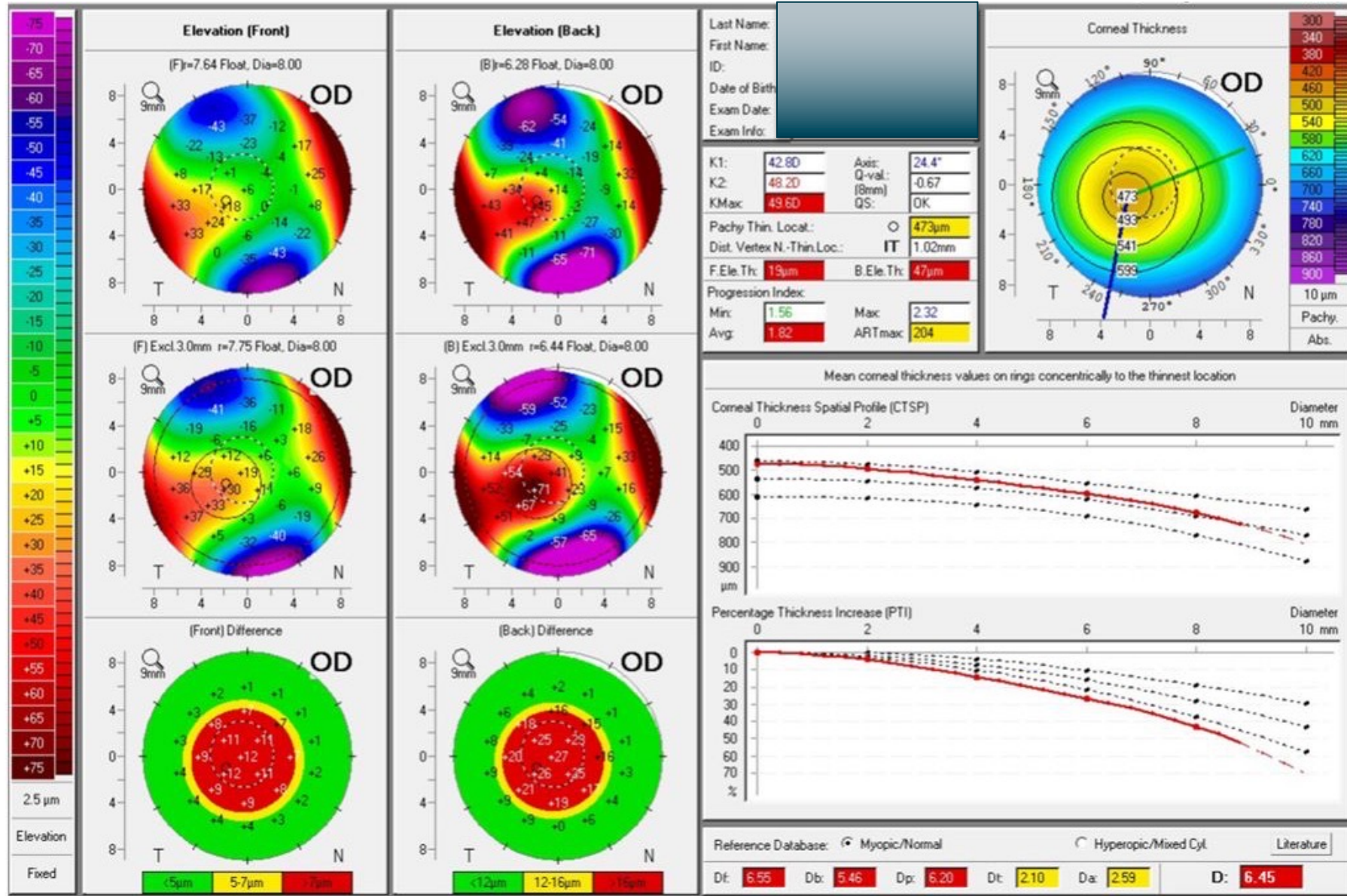
<https://dghtechnology.com/products/pachmate-2/>



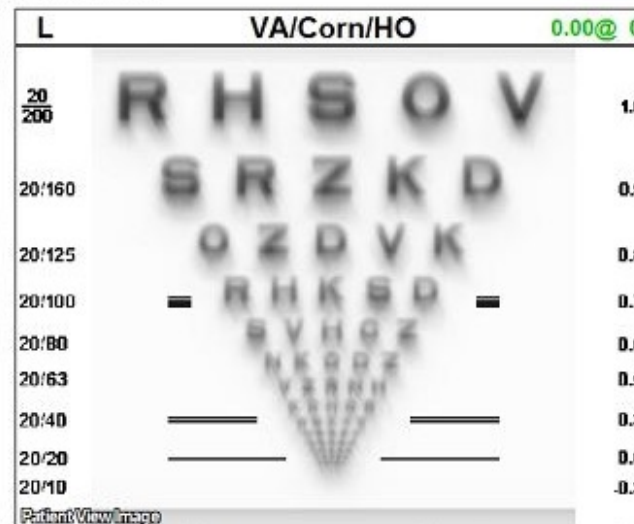
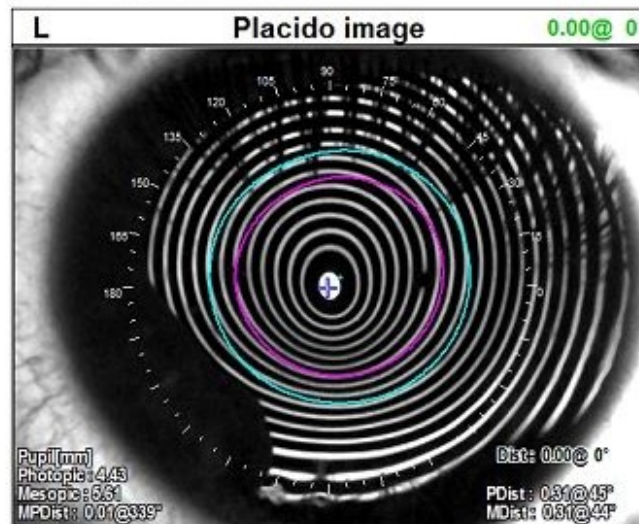
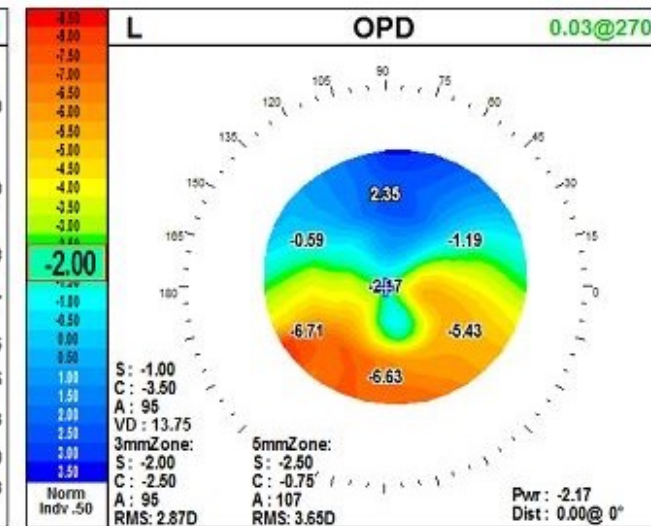
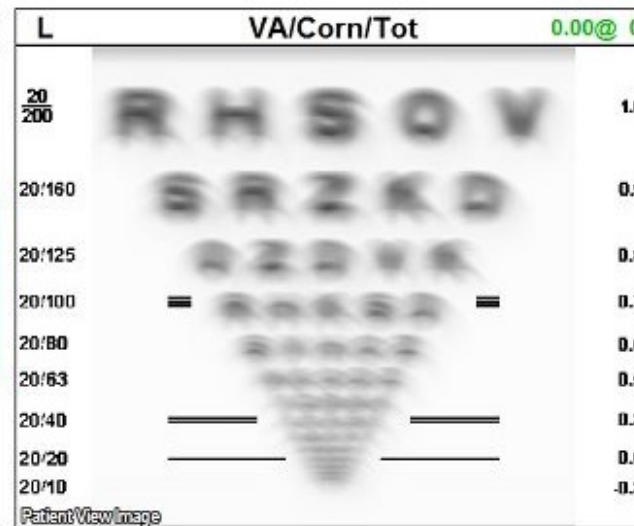
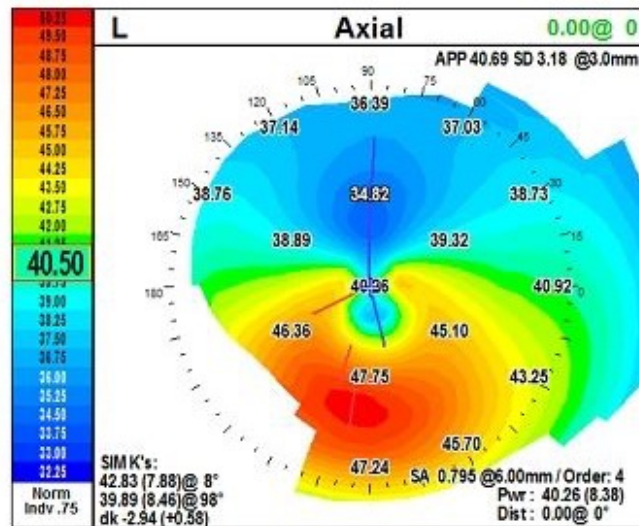
Tomography



Tomography



Topography



HOA [μm]: Cornea@4.00mm

Total, Internal@4.00mm / Order = 4

	T.Sph	T.Coma	T.Tre	HO
Total:	0.064	0.793	0.575	0.997
Cornea:	0.181	1.410	0.367	1.497
Internal:	0.118	0.618	0.316	0.731

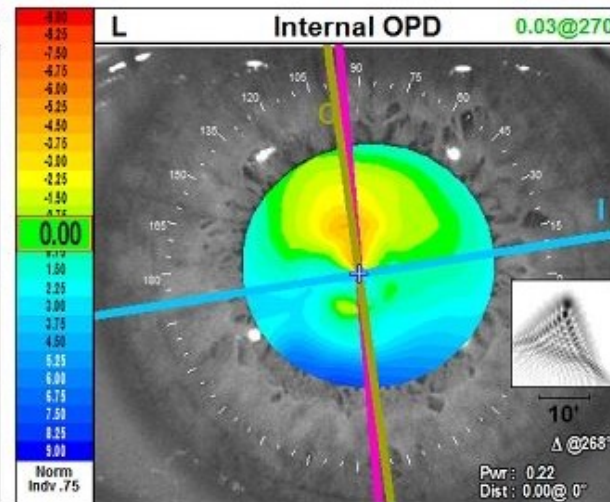
Refraction: VD = 13.75mm

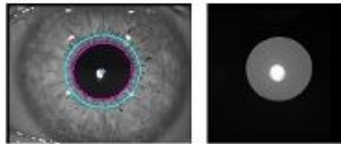
	Sph	Cyl	Axis	RMS
REF	-1.00	-3.50	95	
WF@5.61	-1.50	-2.50	93	2.00D
Diff	-0.50	+1.00	-2	

Exam	SPH	CYL	AXIS	SimK Steep	SimK Flat	dK	e(Q)	SA@6.0mm	Pupil
1L	-1.00	-3.50	95	42.83 (7.88)@ 8	39.89 (8.46)@ 98	-2.94(+0.58)	1.33(-1.76)	O+0.05 C+0.80	4.43 5.61

Cornea Index: n=1.3375 (Ax,Ins), n=1.3760 (Ref,I,OPD) Qm:6.0mm λ:587.6nm

VANCE THOMPSON
VISION

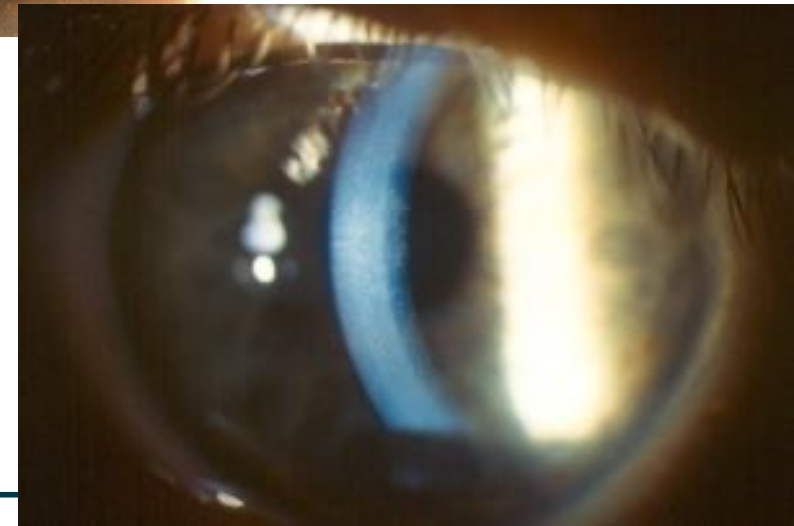
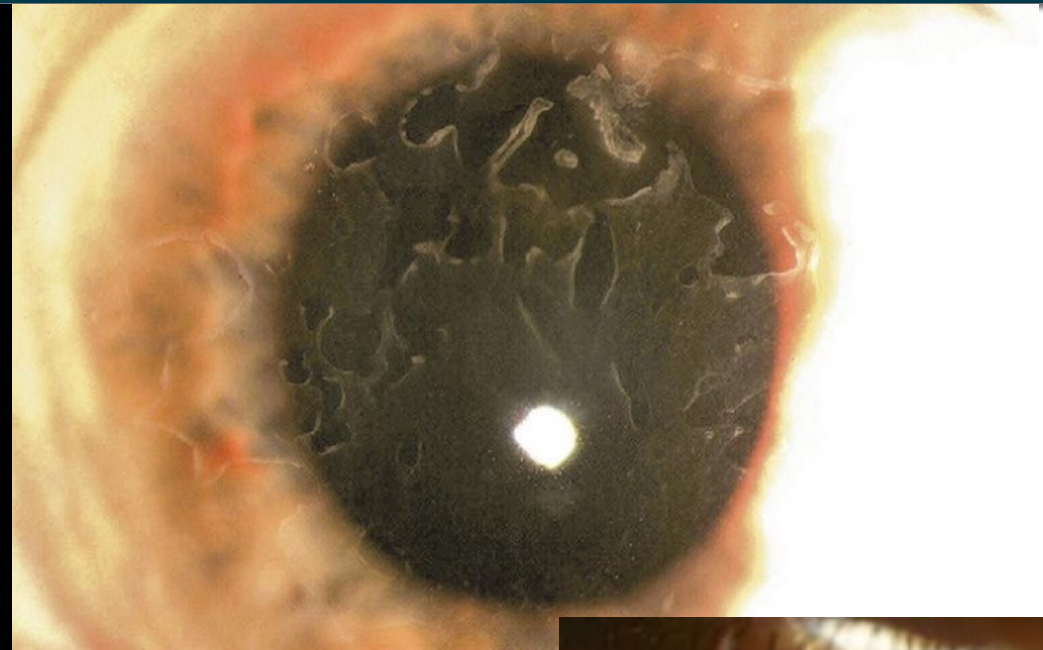
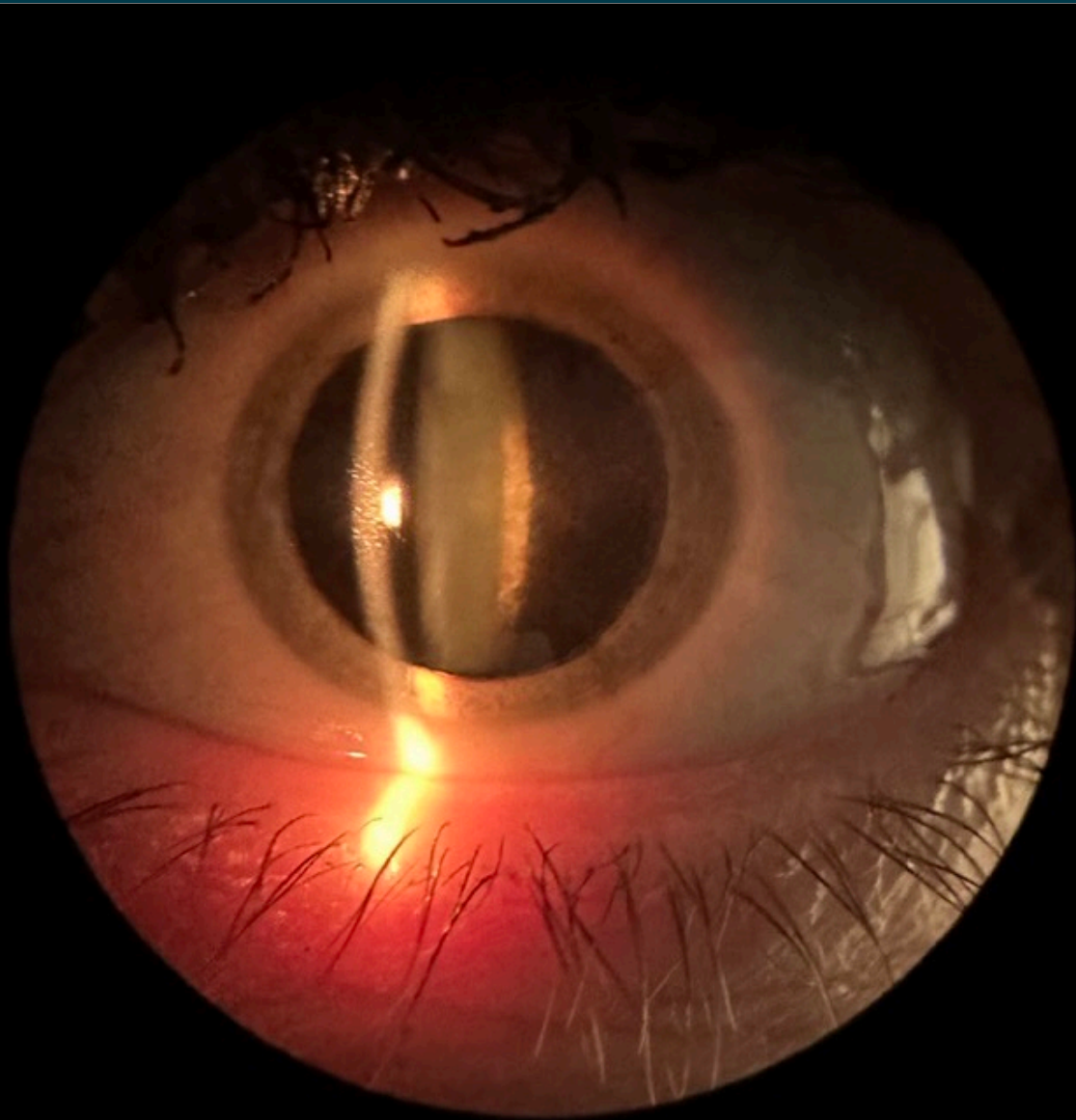


<u>Cyl: VD = 0.0mm</u>	L	
Total	Cornea	Internal
-3.25@ 95°	-2.94@ 98°	-2.19@ 9°
<u>Pupil Information</u>		
Photopic	4.43mm / Δ0.31@ 45° (+)	
Mesopic	5.61mm / Δ0.31@ 44° (+)	
Dist to P/M	0.01@339°	
<u>WTW</u>		
12.84mm		
(Photopic)		

	SA@6.0mm	Pupil
5)	O+0.05 C+0.80	4.43 5.61
	Cornea Index: n=1.3375 (Ax. Ins.) n=1.3760 (Ref. I OPD) Qm: 6.0mm 1.5876	



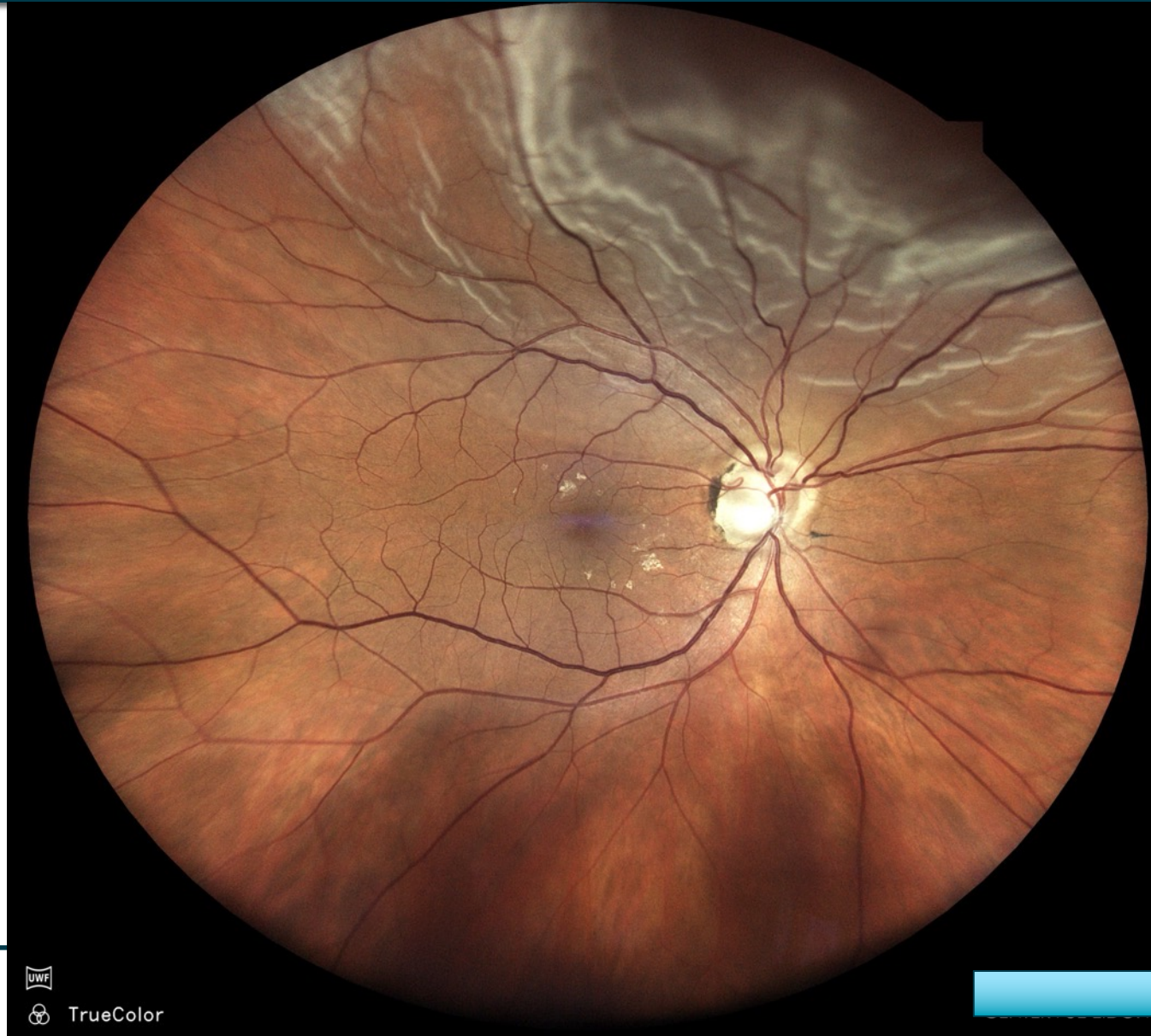
Slit-lamp Examination



<https://www.aao.org/education/image/fuchs-endothelial-dystrophy-11>

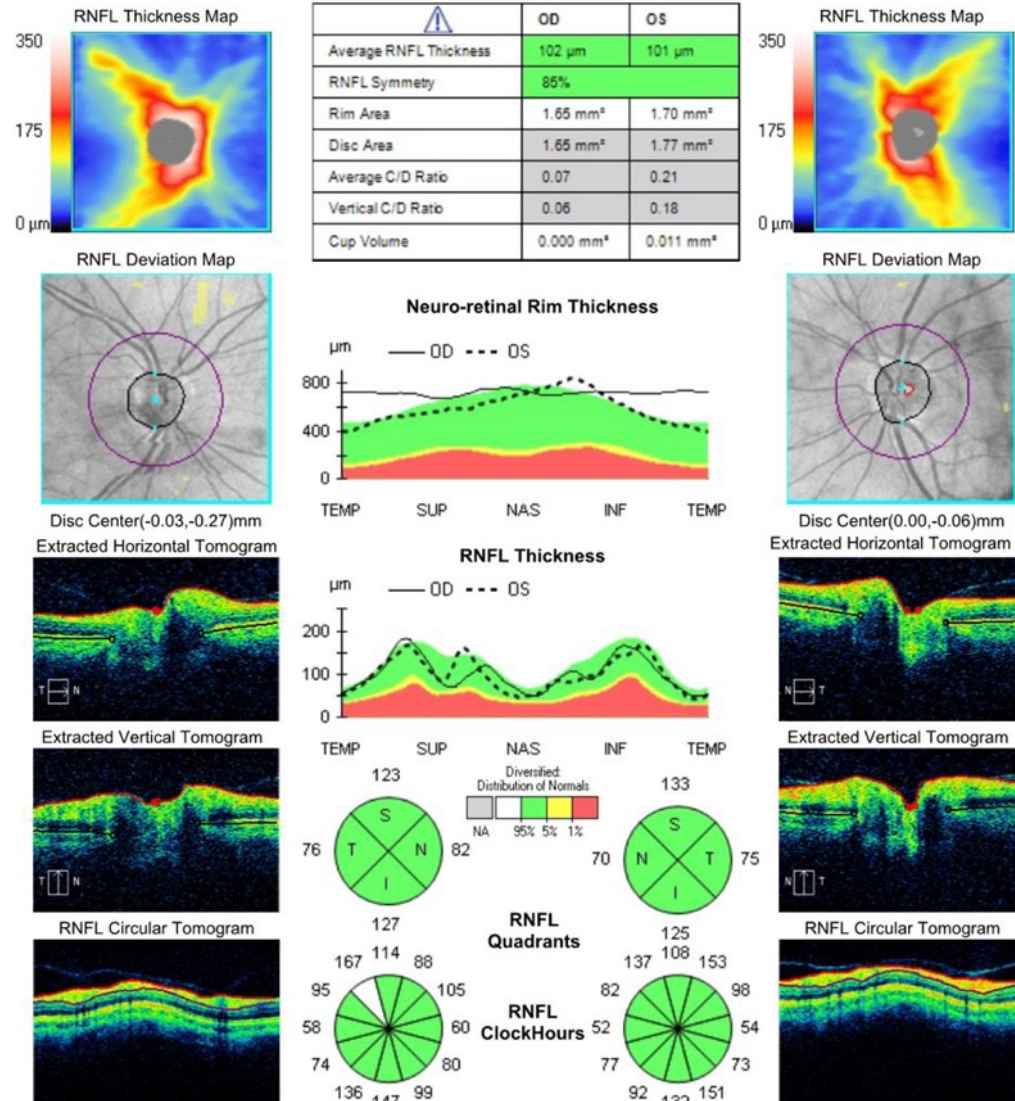
<https://ophthalmologybreakingnews.com/anterior-basement-membrane-dystrophy--causes-symptoms-and-treatment>

Fundus Examination



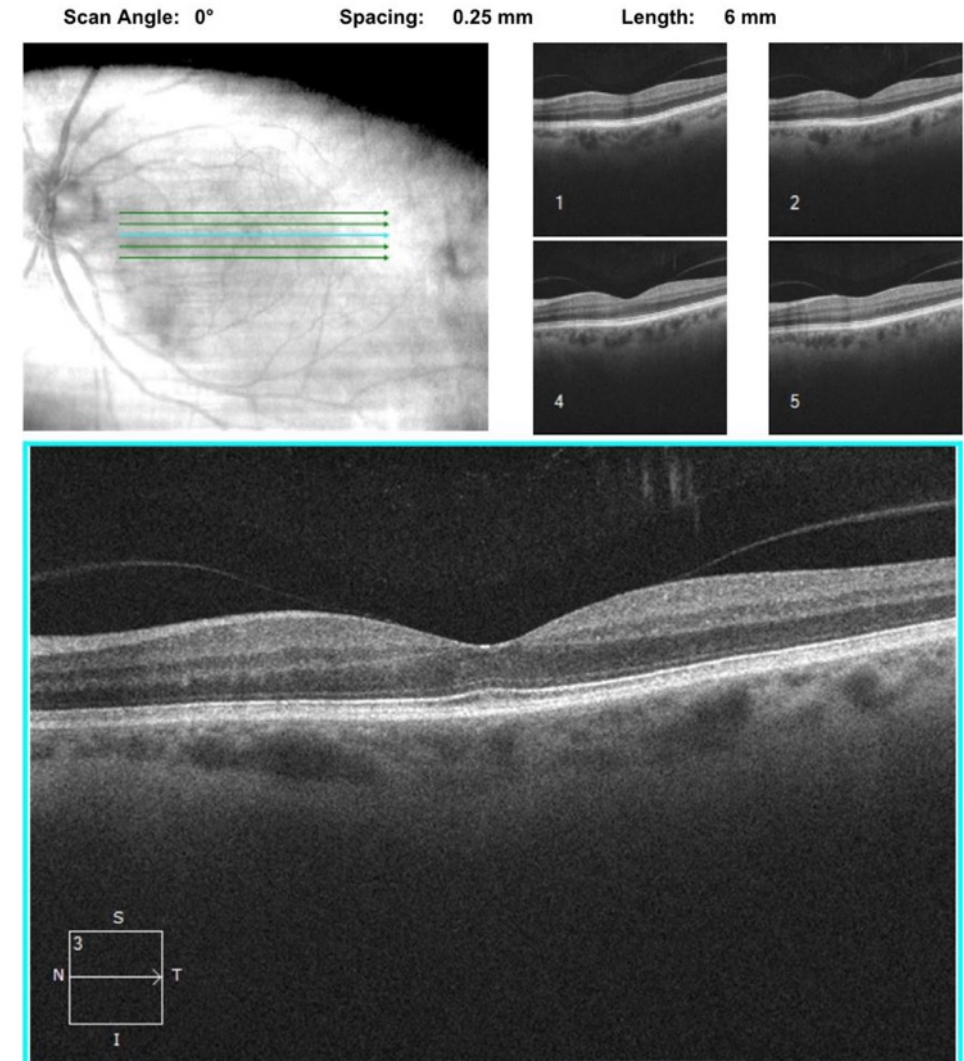
OCT Macula and Nerve

ONH and RNFL OU Analysis: Optic Disc Cube 200x200 OD ● OS ●



High Definition Images: HD 5 Line Raster

OD ○ OS ●



Endothelial Cell Count

OD

11/28/2023 11:50:10 AM

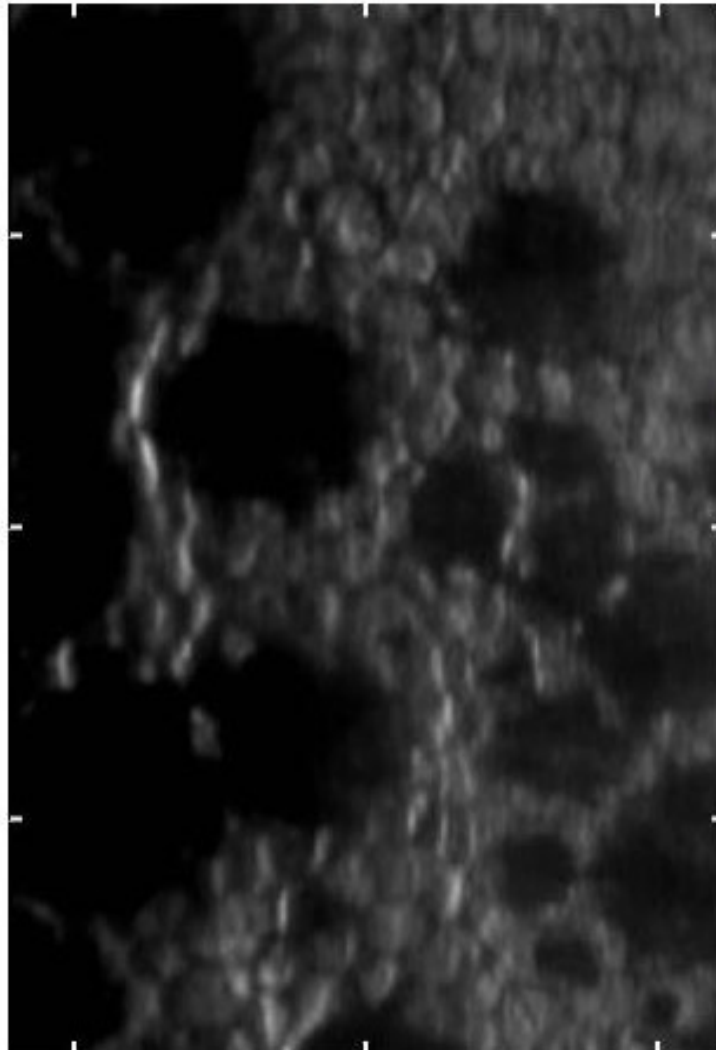
OS

Unanalyzed

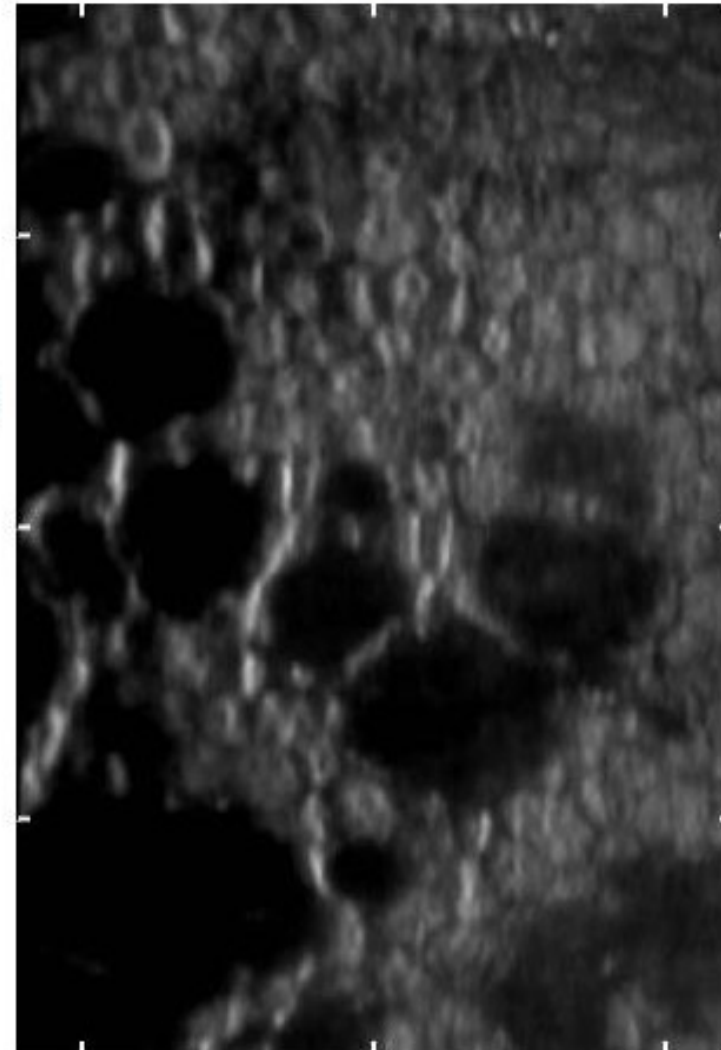
S

Unanalyzed

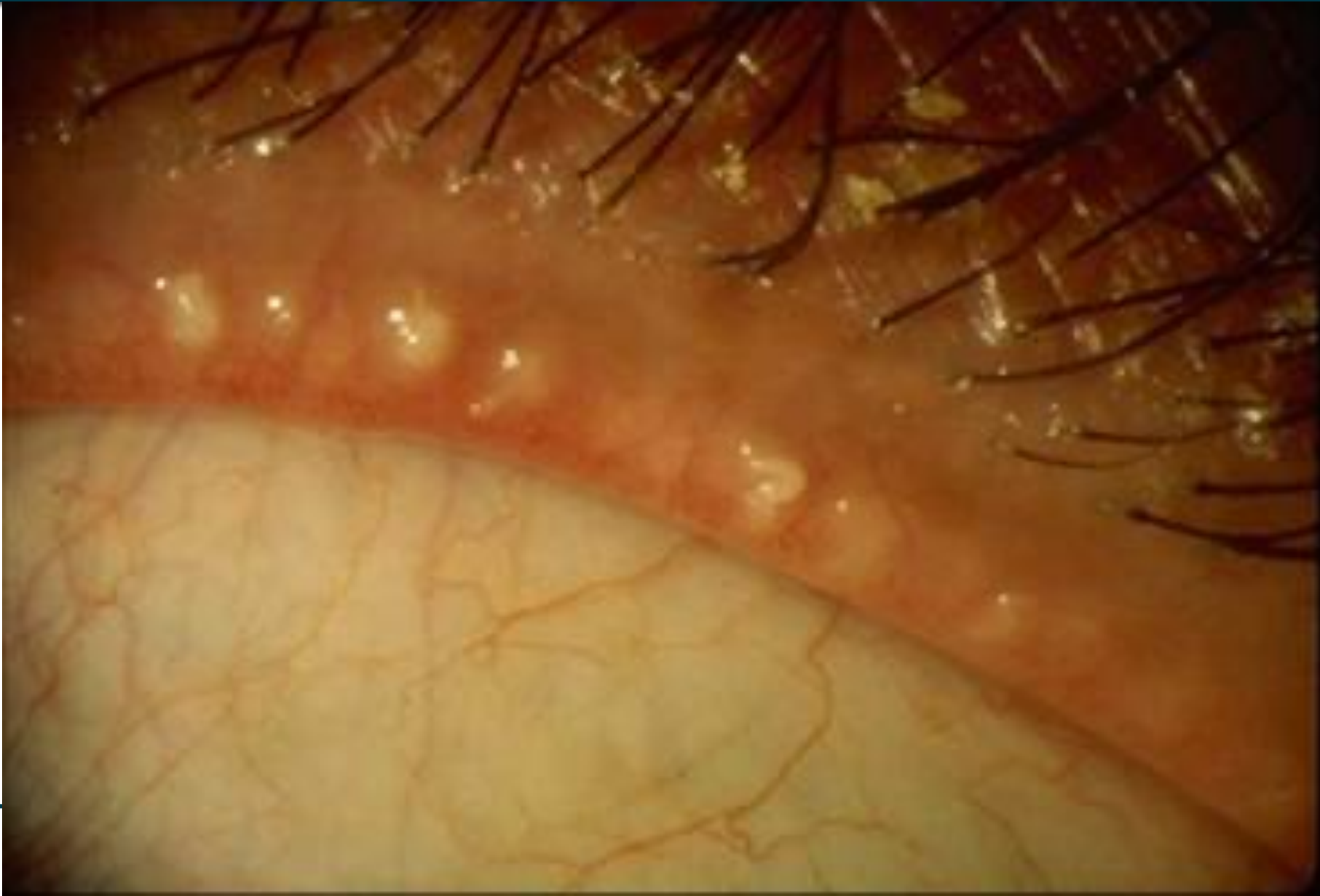
S



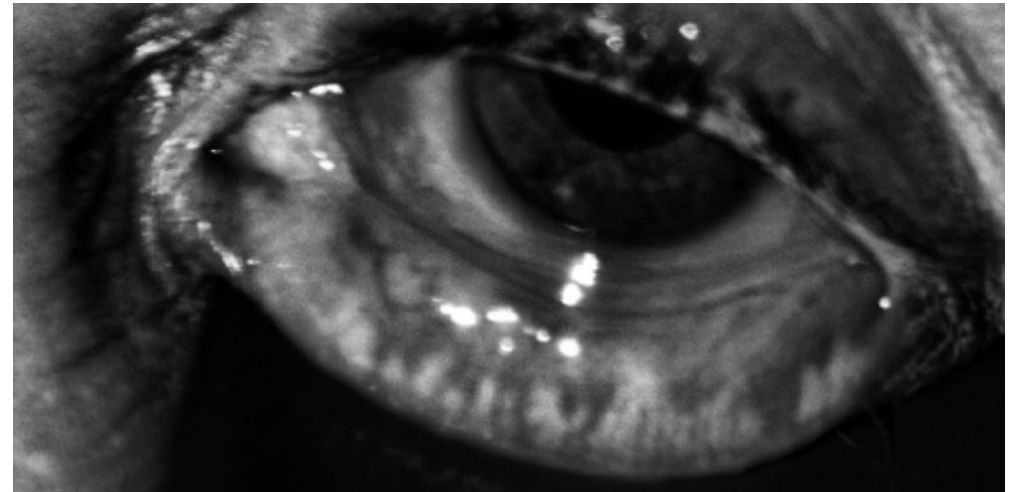
CD	/mm ²	/mm ²
CV		
HEX	%	%
NUM	cells	cells
550	PACH	568
	μm	μm
μm ²	AVE	μm ²
μm ²	MAX	μm ²
μm ²	MIN	μm ²
	SD	



Dry Eye Testing



Dry Eye Testing



Genetic Testing

SAMPLE INFORMATION

Sample ID: AVA0101393

Sample Type: Buccal Swab

Date Collected: 05/06/2022

Date Received: 05/11/2022

Date Reported: 05/20/2022

ORDERING PROVIDER

Physician Name: Dr. John Goertz

Clinic Name: Vance Thompson Vision

Test Indication: Post Refractive Surgery Ectasia

FINAL RESULTS SUMMARY

CONDITION TESTED	RESULT	DETAIL	EXPLANATION
Keratoconus (KC)	Moderate genetic risk	45 polygenic risk score	Tested for variants within 75 genes found to be associated with keratoconus.
TGFBI Corneal Dystrophies (CD)	Negative for Corneal Dystrophy	No pathogenic variants detected	Tested Negative for known variant(s) associated with TGFBI corneal dystrophies.

This AvaGen Genetic Test result should be considered with other clinical criteria, the patient's family history and communicated in a setting that includes appropriate genetic counseling.

Keratoconus (KC) Risk Assessment

Based on the polygenic risk score of **45**, this patient's risk for **KC** is **Moderate**.



THE POLYGENIC KC RISK SCORE: The AvaGen Genetic Eye Test provides a polygenic risk score for individuals tested for their genetic risk for KC. The risk score is the cumulative sum of individual risk contributed by several independent SNPs that were identified in our genetic association study by screening thousands of variants in 75 genes related to corneal structure and function. KC is a complex genetic disease that involves genetic and environmental components as well as their interactions that contribute to the development of the disease. Genetics is an important contributor in KC risk, but it is not the only contributing factor that determines risk for KC.

THE GENETIC EYE TEST

SAMPLE INFORMATION

Sample ID: AVA0101393

Sample Type: Buccal Swab

Date Collected: 05/06/2022

Date Received: 05/11/2022

Date Reported: 05/20/2022

ORDERING PROVIDER

Physician Name: Dr. John Goertz

Clinic Name: Vance Thompson Vision

Test Indication: Post Refractive Surgery Ectasia

Keratoconus Polygenic Test Details

Keratoconus risk genes for this patient:

COL5A1, COL4A1, ADAMTS18

Keratoconus-Related Genes Tested:

ABCA4, ABCB5, ABCG6, ADAMTS18, ADGRV1, AGBL1, ANGPTL7, BEST1, CHST6, COL2A1, COL4A1, COL4A2, COL4A3, COL4A4, COL5A1, COL5A2, COL6A1, COL8A2, COL12A1, COL17A1, CYP4V2, DIAPH1, DOCK9, FOXE3, FYN, GJA8, GSN, HGF, IL1A, IL1RN, IL6, IL10, ITGB1, KERA, KRT3, KRT12, KRT13, KRT15, KRT16, KRT23, KRT24, LCAT, LOX, LRRN1, LTBP2, MAP2K1, MAP3K19, MTOR, MYLK, NLRP1, OVOL2, PAX6, PIK3CG, PIKFYVE, PIK3R1, PRDM5, PTK2, PXDN, PXN, RAF1, RHOA, SFTPD, SHC1, SIX5, SLC4A11, TACSTD2, TCF4, TGFBI, TLN1, UBIAD1, VSX1, WNT9A, WNT9B, ZEB1, ZNF469

TGFBI Corneal Dystrophies Test Result

This patient has tested negative for the TGFBI associated Corneal Dystrophies variants

AvaGen Detects the Following TGFBI Associated Corneal Dystrophies

Granular Type 1

Lattice Type IIIA

Epithelial Basement Membrane

Granular Type 2

Reis-Bucklers

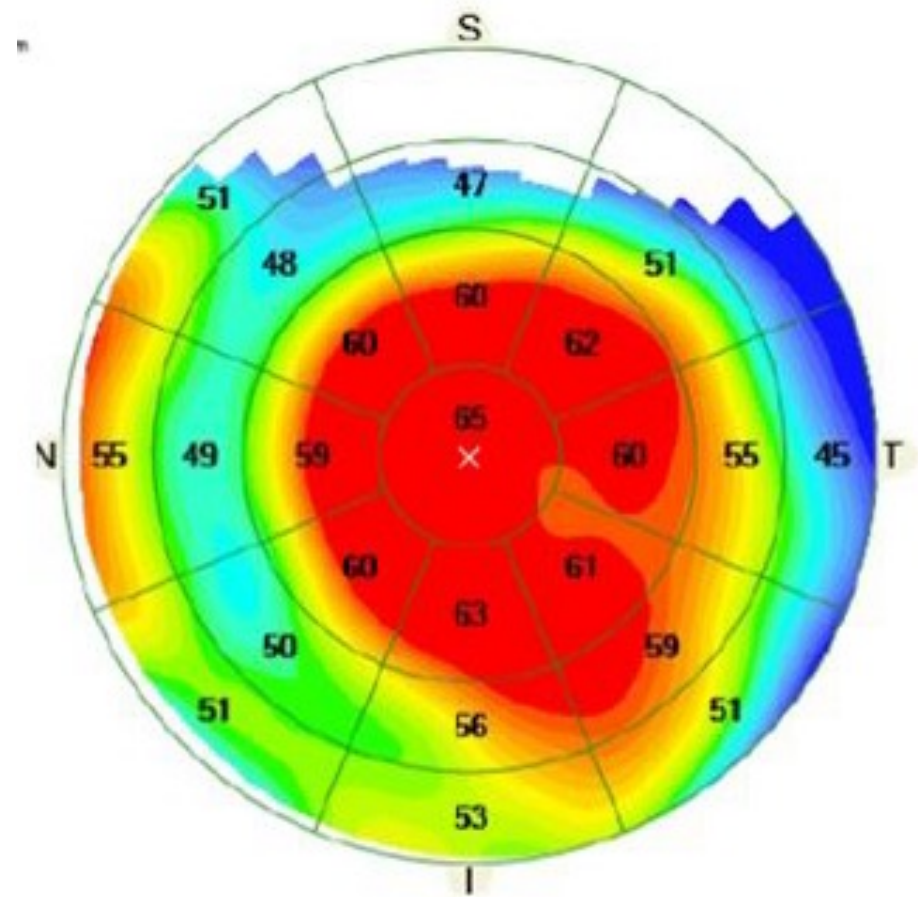
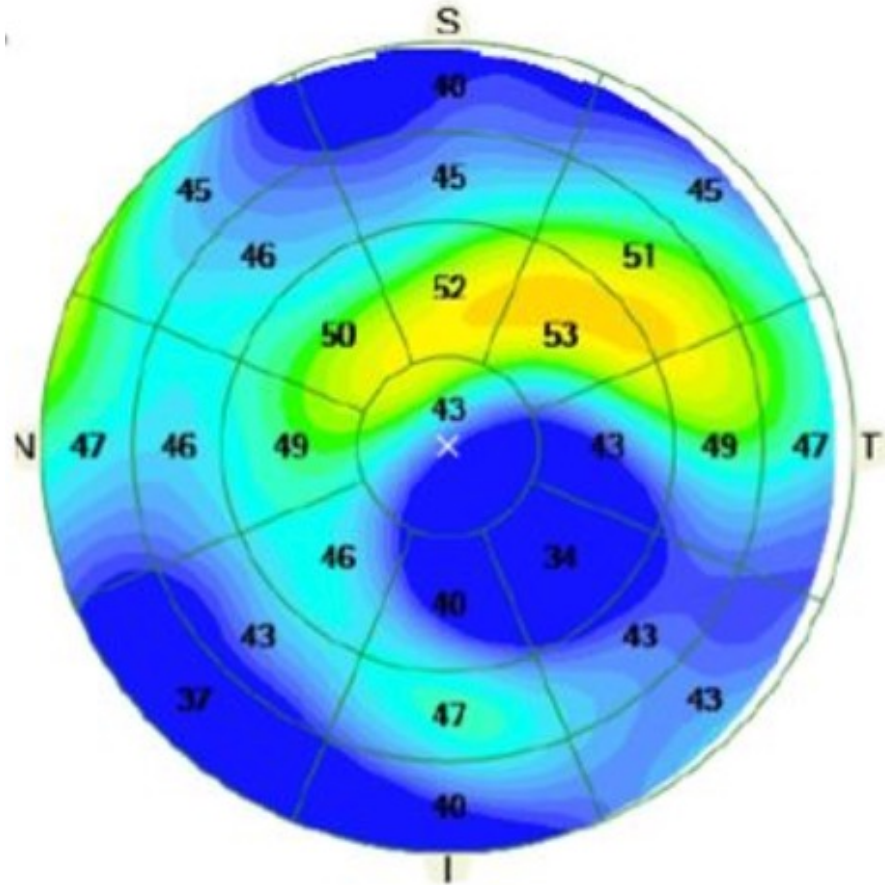
Schnyder's-like

Lattice Type I

Theill-Behnke

Avellino

Epithelial Mapping





Preoperative Discussion



Preoperative discussion

- Proper discussion about their objectives and expectations
- Discuss all options—SUGGEST BEST
- Risk and benefits of each



<https://www.hobbydb.com/marketplaces/hobbydb/subjects/cledus-snow-snowman-character>



https://www.reddit.com/r/gifs/comments/2mtuuw/graces_secret_pencil_case_ferris_buellers_day_off/



<https://sports.betmgm.com/en/blog/ufc/20-highest-paid-ufc-fighters-bm05/>



Treating Dry Eye



- “Patient’s with significant dry eye are not good candidates for ANY elective refractive surgical procedures”
 - Brandon Baartman, MD
(sometime, maybe)



- “The tear/corneal epithelial complex is the major light refracting surface of the eye, accounting for approximately 65% of the optical power of the eye.”

Olsen T, Arnarsson A, Sasaki H, Sasaki K, Jonasson F. On the ocular refractive components: the Reykjavik Eye Study. *Acta Ophthalmol Scand.* 2007;85(4):361–6

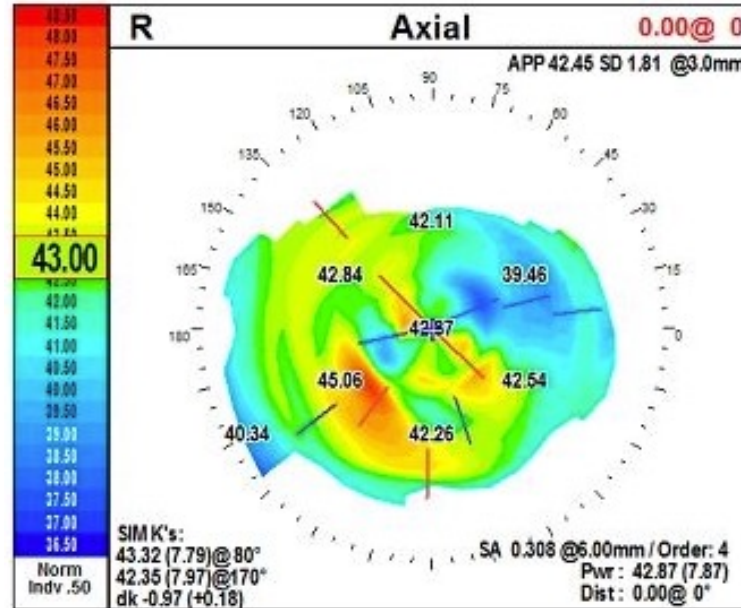
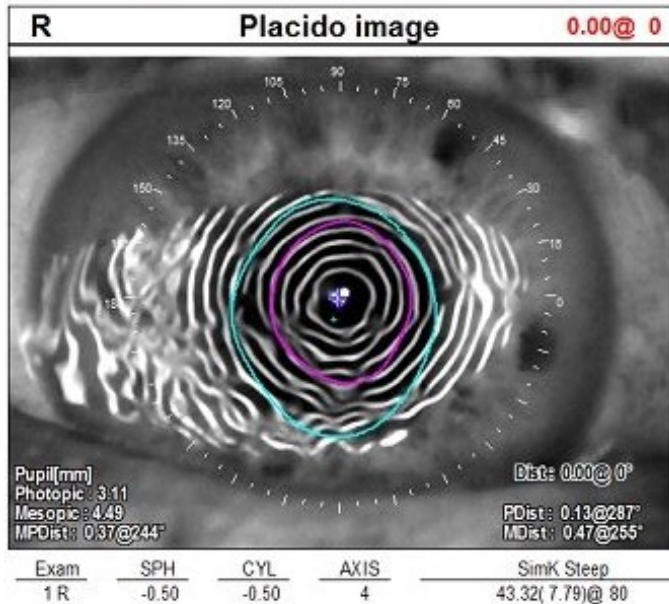


Treating Dry Eye

- Treat dry eye in all patients interested in refractive surgery
- Major refractive surface for clarity
- Dry eye can impact accuracy of scans



Impact on scans



HOA [μm]: Cornea@4.00mm R

Total, Internal@4.00mm / Order = 4

	T.Sph	T.Coma	T.Tre	HO
Total:	0.034	0.260	1.448	1.530
Cornea:	0.134	0.469	0.591	0.974
Internal:	0.092	0.216	0.926	1.176

Refraction: VD = 13.75mm

	Sph	Cyl	Axis	RMS
REF	-0.50	-0.50	4	
WF@4.49	-0.50	-0.75	177	1.77D
Diff	0.00	-0.25	-7	

SA@6.0mm Pupil
O+0.07 C+0.31 3.11 4.49
Cornea Index: n=1.3375 (Ax,Ins), n=1.3760 (Ref,I.OPD) Qm:6.0mm λ:587.6nm





Reviewing Data and Procedures



Age Requirements

- LASIK/PRK—18 to 100+
- ICL— 21 to 45
- RLE— No age restriction



Thickness Parameters

- 12 to 14 Micros per diopter (VISX)
- 100-120 Micro flaps
- 250 Micro Bed—NOW 300 Micron "standard"



Association between the percent tissue altered and post-laser in situ keratomileusis ectasia in eyes with normal preoperative topography

Marcony R Santhiago¹, David Smadja², Beatriz F Gomes³, Glauco R Mello⁴,
Mario L R Monteiro⁴, Steven E Wilson⁵, J Bradley Randleman⁶

Affiliations + expand

PMID: 24727263 DOI: [10.1016/j.ajo.2014.04.002](https://doi.org/10.1016/j.ajo.2014.04.002)

Santhiago MR, Smadja D, Gomes BF, Mello GR, Monteiro ML, Wilson SE, Randleman JB. Association between the percent tissue altered and post-laser in situ keratomileusis ectasia in eyes with normal preoperative topography. *Am J Ophthalmol*. 2014 Jul;158(1):87-95.e1. doi: 10.1016/j.ajo.2014.04.002. Epub 2014 Apr 13. PubMed PMID: 24727263

Abstract

Purpose: To investigate the association of a novel metric, percent tissue altered, with the occurrence of ectasia after laser in situ keratomileusis (LASIK) in eyes with normal corneal topography and to compare this metric with other recognized risk factors.

Design: Retrospective case-control study.

Methods: The study included 30 eyes from 16 patients with bilateral normal preoperative Placido-based corneal topography that developed ectasia after LASIK (ectasia group) and 174 eyes from 88 consecutive patients with uncomplicated LASIK and at least 3 years of postoperative follow-up. The following metrics were evaluated: age, preoperative central corneal thickness, residual stromal bed, Ectasia Risk Score System scores, and percent tissue altered, derived from $[PTA = (FT + AD)/CCT]$, where FT = flap thickness, AD = ablation depth, and CCT = preoperative central corneal thickness.

Results: In the ectasia group, percent tissue altered ≥ 40 was the most prevalent factor (97%), followed by age < 30 years (63%), residual stromal bed $\leq 300 \mu m$ (57%), and ectasia risk score ≥ 3 (43%) ($P < .001$ for all). Percent tissue altered ≥ 40 had the highest odds ratio (223), followed by residual stromal bed $\leq 300 \mu m$ (74) and ectasia risk score ≥ 4 (8). Stepwise logistic regression revealed percent tissue altered ≥ 40 as the single most significant independent variable ($P < .0001$).

Conclusions: Percent tissue altered at the time of LASIK was significantly associated with the development of ectasia in eyes with normal preoperative topography and was a more robust indicator of risk than all other variables in this patient population.

LASIK—Best Candidate

- Refractive findings
- Topography findings
- Slit-lamp findings
- Other Factors
- Patient education



Laser Programing

- Standard vs wavefront vs wavefront optimized vs topographic guided.



June 2021

CORNEA ISSUE

By Mark Lobanoff, MD

Understanding the eye's "fingerprint"

How to use topography-guided LASIK to improve patient outcomes.

Imagine you are in your car just after a rainstorm has concluded. You look through your windshield; while you can still read the letters on the road signs, the view is blurred and distorted by the small, curved droplets of water on the glass. Each droplet acts as a lens, bending light, while superimposed upon the larger curvature of the windshield. As you turn on the wipers and remove the droplets, your image clarity improves (Figure 1).

Now imagine a cornea and its main large curvatures, the flat keratometric axis and the steep keratometric axis. These curves play the biggest role in focusing light on the retina. It is these large curvatures that we have worked with over the years with glasses and traditional LASIK; correcting them places the image focus on the retina. But if you take a closer look, every cornea has smaller raised topographic elevations across its surface, similar to raindrops on a windshield.

These sets of elevation, — like a fingerprint — are unique to each eye. With topography-guided LASIK, the newest evolution of refractive surgery, we can better address these elevations to improve patient outcomes.

TARGETING THE TALUS

Over the past few years, I have chosen to refer to a raised curved topographic elevation on the cornea as a "talus," a term borrowed from geographic topography. These taluses bend the light and alter its focus (Figure 2, page 21). One way to refer to the distortions of light brought on by a talus is by using a branch of descriptive mathematics known as Zernike

polynomials. Depending on the size, shape and distribution of the raised topographic irregularities, they may bend light in ways Zernike polynomials describe as "coma," "trefoil" and "quadrafoil." Correcting these smaller aberrations in addition to correcting the larger corneal curvature leads to better quality of vision. We know this by asking patients about their quality of vision when wearing hard gas permeable contact lenses (that correct both the smaller taluses and the larger corneal curvatures) as opposed to their vision with soft contact lenses (that only correct the larger corneal curvatures). This is similar to the image quality through the windshield improving when wipers smooth out and remove droplets of water.

CREATING A MAP

With topography-guided LASIK, a topolyzer is used to look for taluses on the cornea. The WaveLight Vario Topolyzer (Alcon) obtains 22,000 topographic data points to create a highly accurate map of the corneal topography. Multiple images are then averaged, resulting in 80,000



Figure 1. Droplets on a windshield bend light, much like a lens on an eye.

Talus
Localized raised topographic region of the cornea

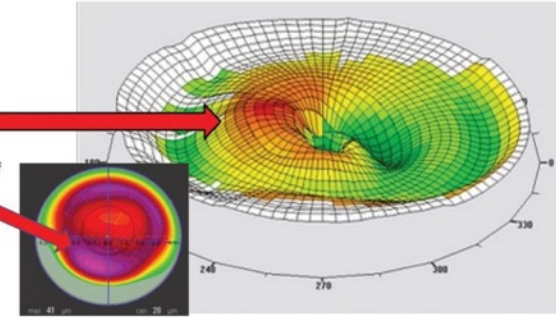


Figure 2. An image of a talus on the eye, created by the Alcon Vario software.

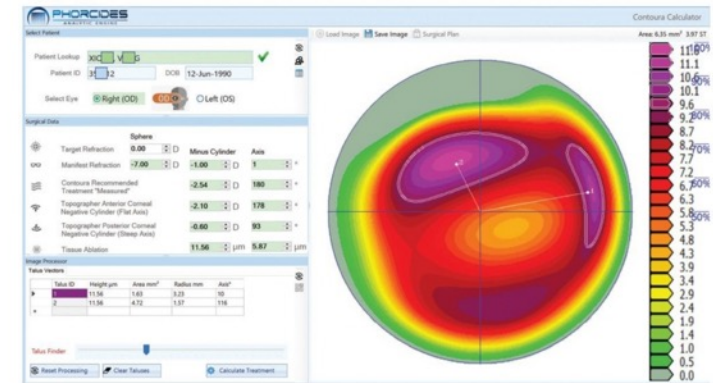


Figure 3. An image from the Phorcides Analytic Engine, developed by Mark Lobanoff, MD, to assist with topography-guided surgeries.

100,000 topographic data points for calculation and treatment. The CONTOURA software in the Alcon planning laptop then determines how much tissue ablation is needed to smooth out each talus. Every eye has its own unique tissue ablation profile. Even if two eyes share the same manifest refraction (MRx), each has its own "fingerprint" of corneal elevations that needs to be treated.

SMOOTH SURFACE, BETTER VISION

Topography-guided LASIK takes all of this mapping and planning and applies the customized "fingerprint" treatment to the eye. CONTOURA (Alcon) is the only device to receive FDA approval for a topography-guided LASIK procedure. The FDA study conducted by Alcon for CONTOURA (tinurl.com/535b6rsm) showed that correcting

Mark Lobanoff, MD, is a refractive surgeon based in Minneapolis, Minn. His new clinic/surgery center opening in November of this year will be known as OVO LASIK + LENS. He is the inventor and owner of Phorcides, CEO of Lochan LLC, CEO of C2 and a paid consultant for Alcon.

<https://phorcides.com>

PRK—Best Candidate

- Previous LASIK
- Thin Corneas
- ABMD
- Abnormal Corneas (+/- Crosslinking)



- Refractive findings
- Topographic findings
- Slit-lamp findings
- Other factors
- Patient education



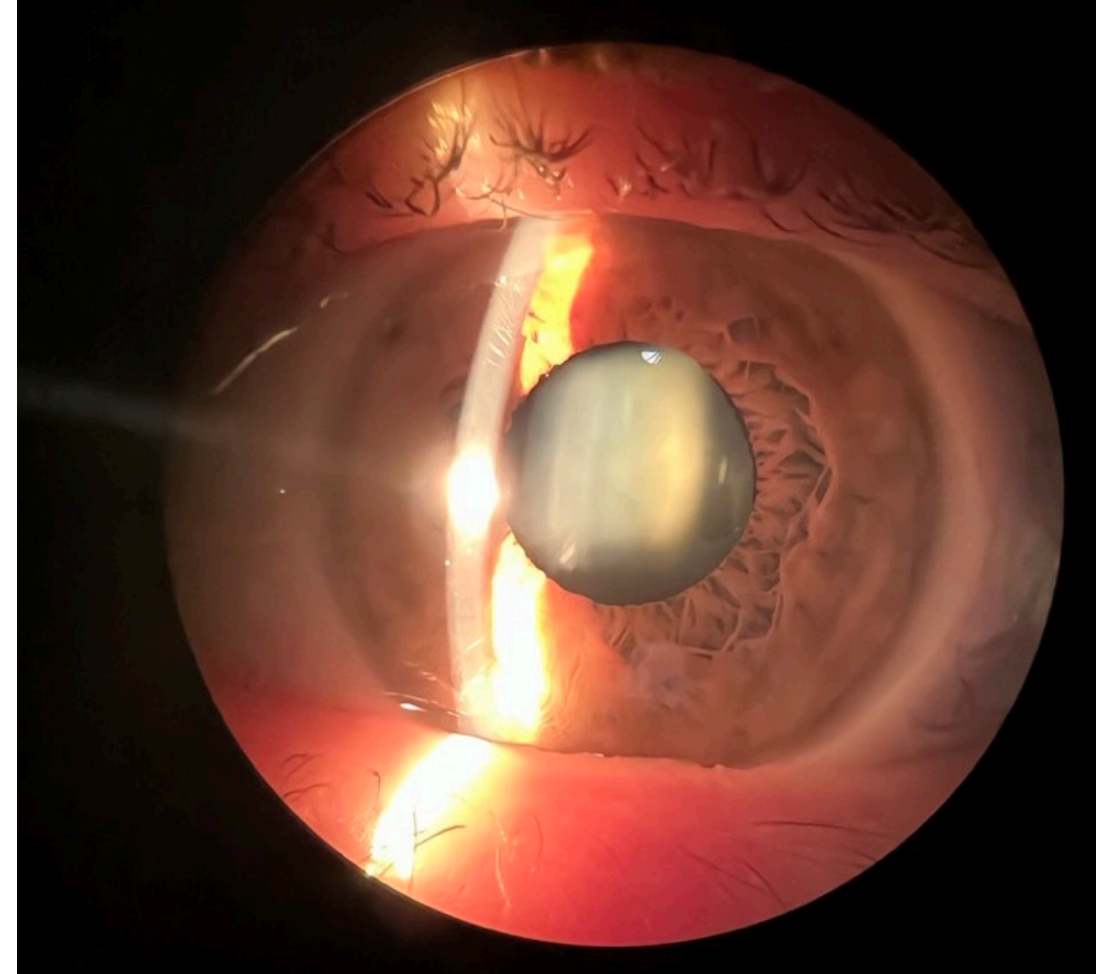
<https://www.youtube.com/watch?v=XfQFq8jMMsY>



Implantable Collamer Lens (ICL)



- Health of natural lens
- ?Need for PI



- Age--21 to 45 years old
- MRx---3.0 D to -15.0 D with or without astigmatism up to 4.0 D and a reduction in myopia ranging from -16.0 to -20.0 D.
- 3 mm Anterior Chamber Depth
- NO Hyperopia in the United States



Best ICL Candidates

- Refractive findings
- Topographic findings
- Slit-lamp findings
- Other factors
- Patient education



Refractive Lens Exchange (RLE)



BEST Candidates

https://retockit.files.wordpress.com/2011/05/milton/officespace_thumb.jpg



Best RLE Candidates

- Refractive findings
- Topographic findings
- Slit-lamp findings
- Other factors
- Patient education



[Taiwan J Ophthalmol](#). 2021 Jul-Sep; 11(3): 280–286.

Published online 2021 Apr 24. doi: [10.4103/tjo.tjo_20_20](#)

PMCID: PMC8493983

PMID: [34703744](#)

Age affects intraocular lens attributes preference in cataract surgery

[Shu-Wen Chang](#)^{1,2,*} and [Wan-Lin Wu](#)¹

► [Author information](#) ► [Article notes](#) ► [Copyright and License information](#) [PMC Disclaimer](#)

PURPOSE:

The aim of this study is to analyze the effects of age on intraocular lens (IOL) attributes preference.

CONCLUSION:

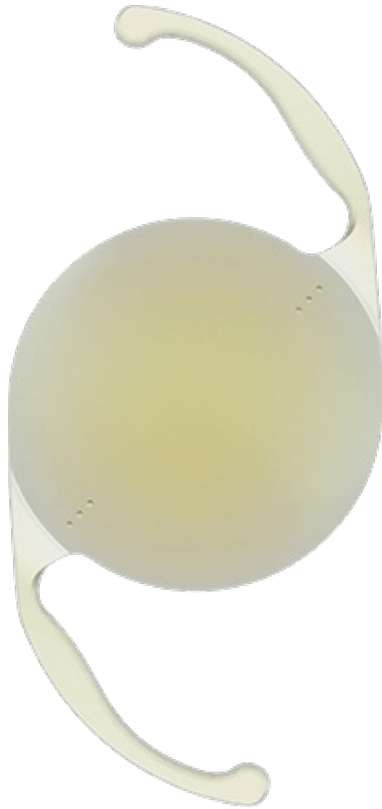
The adoption of IOLs with emerging technologies increased significantly over the years. Younger adults tended to adopt advanced technology IOL more than the older ones.



RLE Options



Monofocal



Toric



Extended Depth of Focus



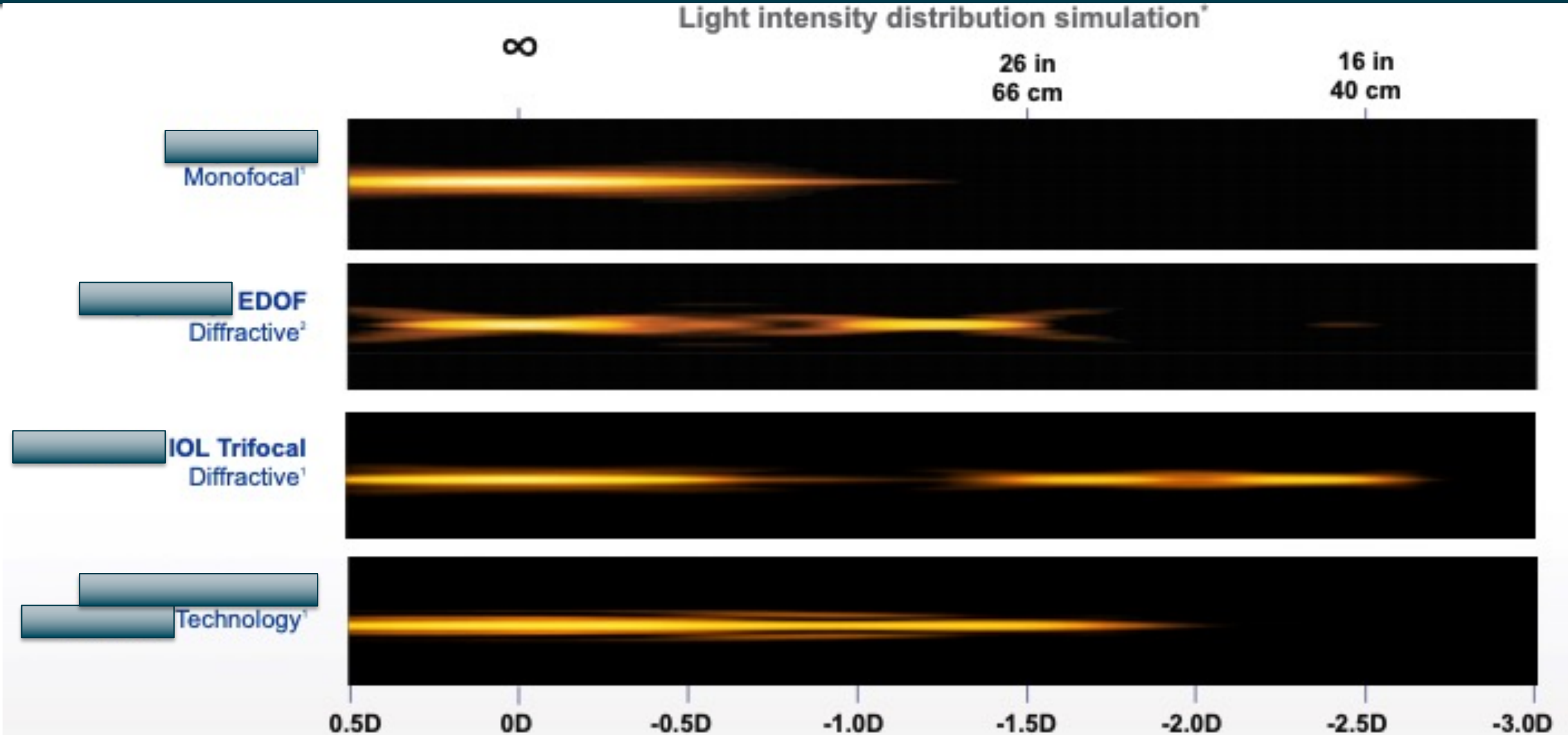
Multifocal



Light Adjustable Lens



IOL Light Distribution





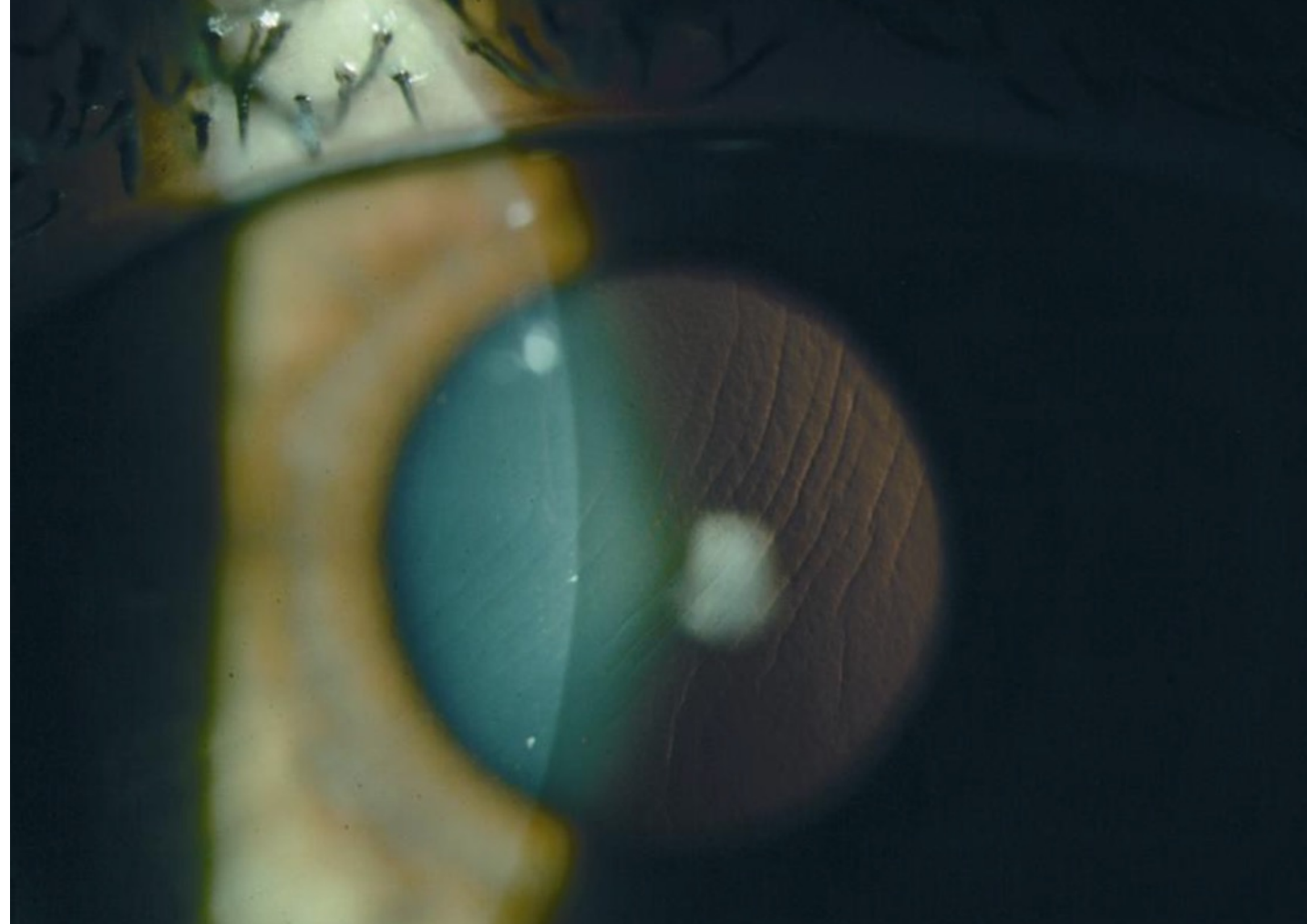
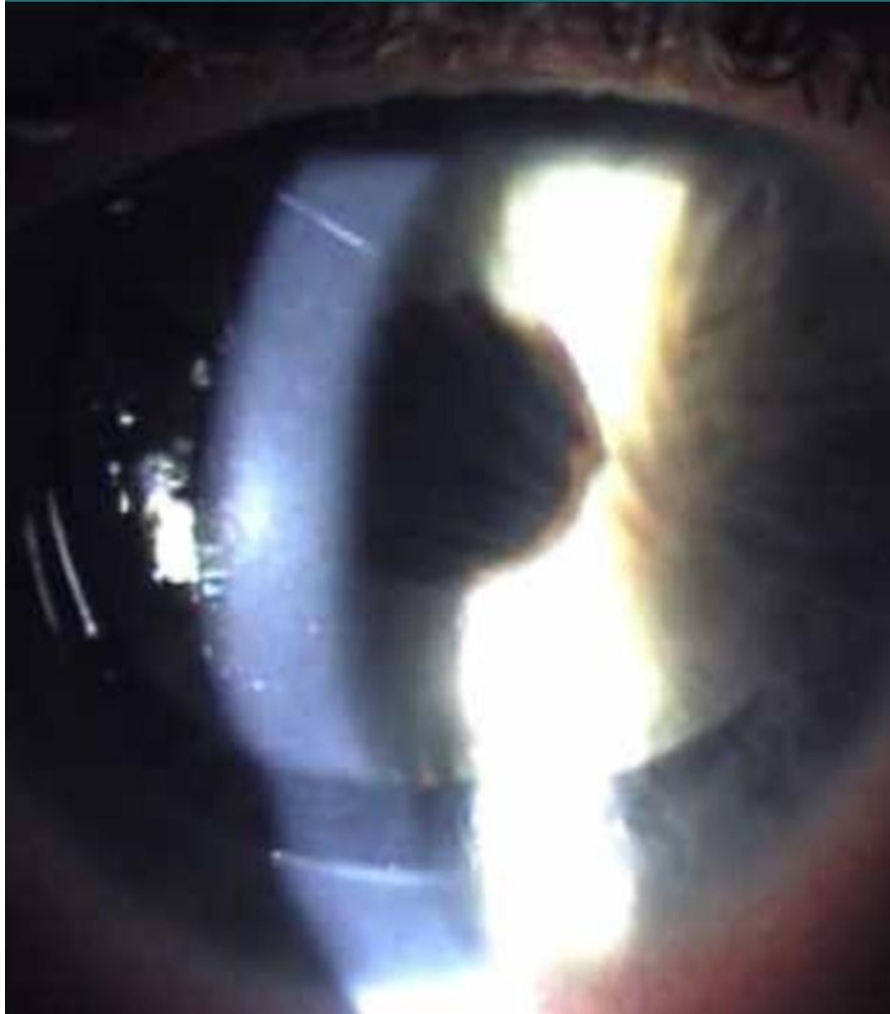
Post Operative Care



- Acuity
- Flap position and inflammation
- Monitor Dryness Levels
- Appointments 1day, 1week, 1month, 3 months
- Medication schedule



Slipped Flap



Combination Drops



- Monitor wound healing--remove bandage contact lens (around day 4)
- Presence of corneal haze and monitoring resolution
 - Who is at risk?
 - How to decrease risk of haze
 - Vitamin C
 - Sunglasses

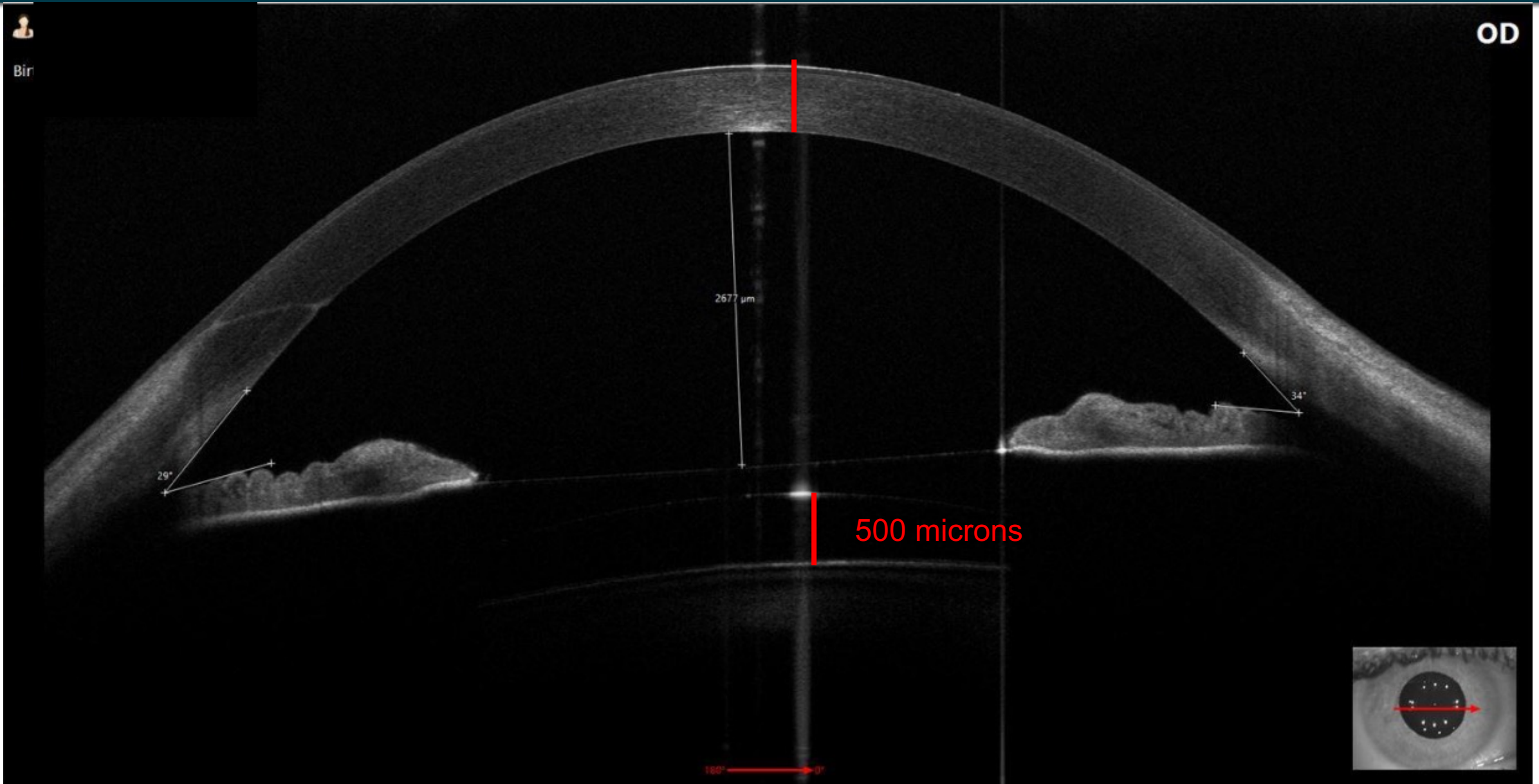


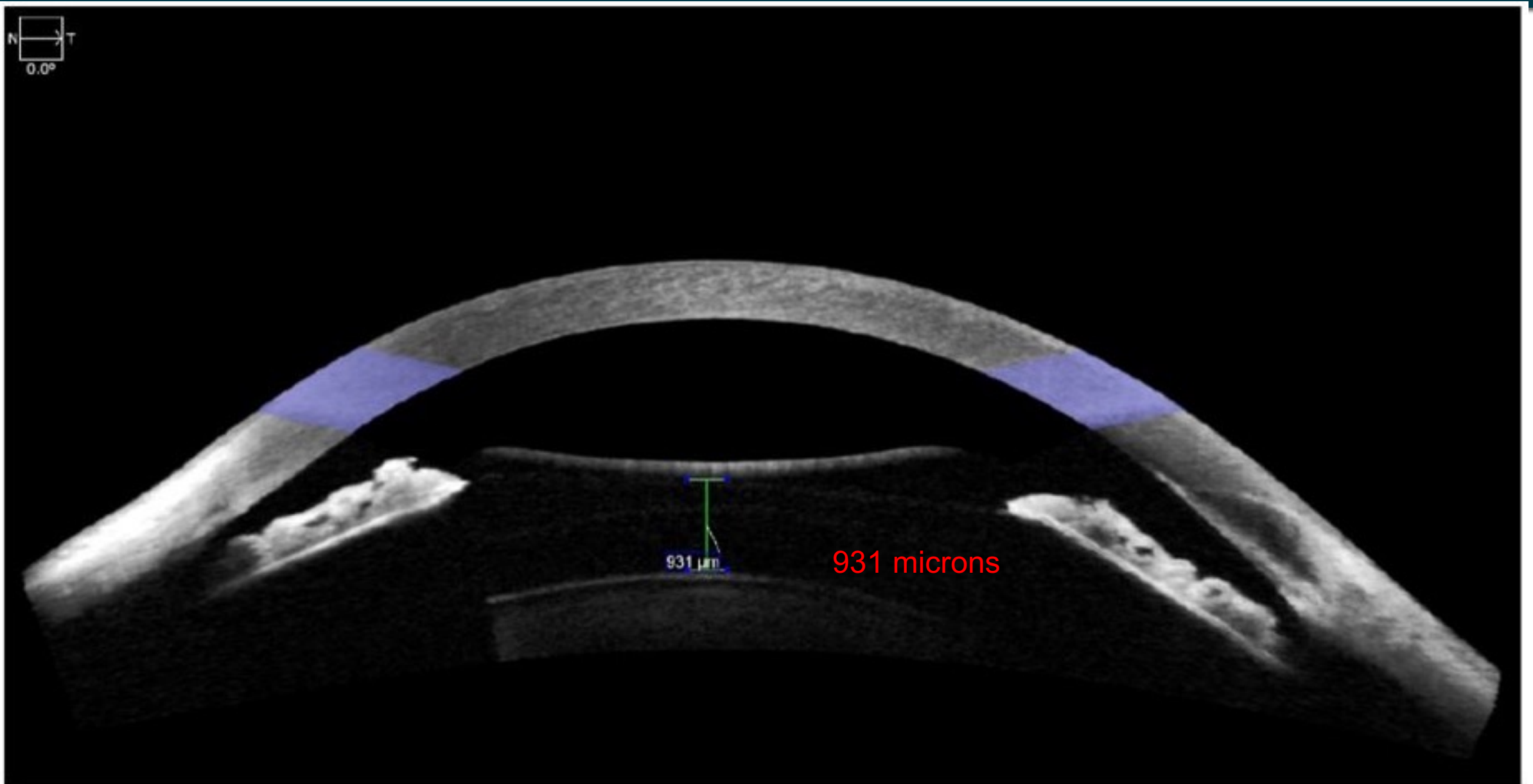
- Acuity improvement over time (important to set up patient expectations prior to surgery)
- Follow-ups— 4day, 14 day, 1 month, 3 months
- Monitor dryness
- Medication schedule



- Monitor lens position
 - Vault over natural lens
 - Rotation of haptics (Toric)
- Acuity
- Anterior chamber reaction
- IOP monitoring







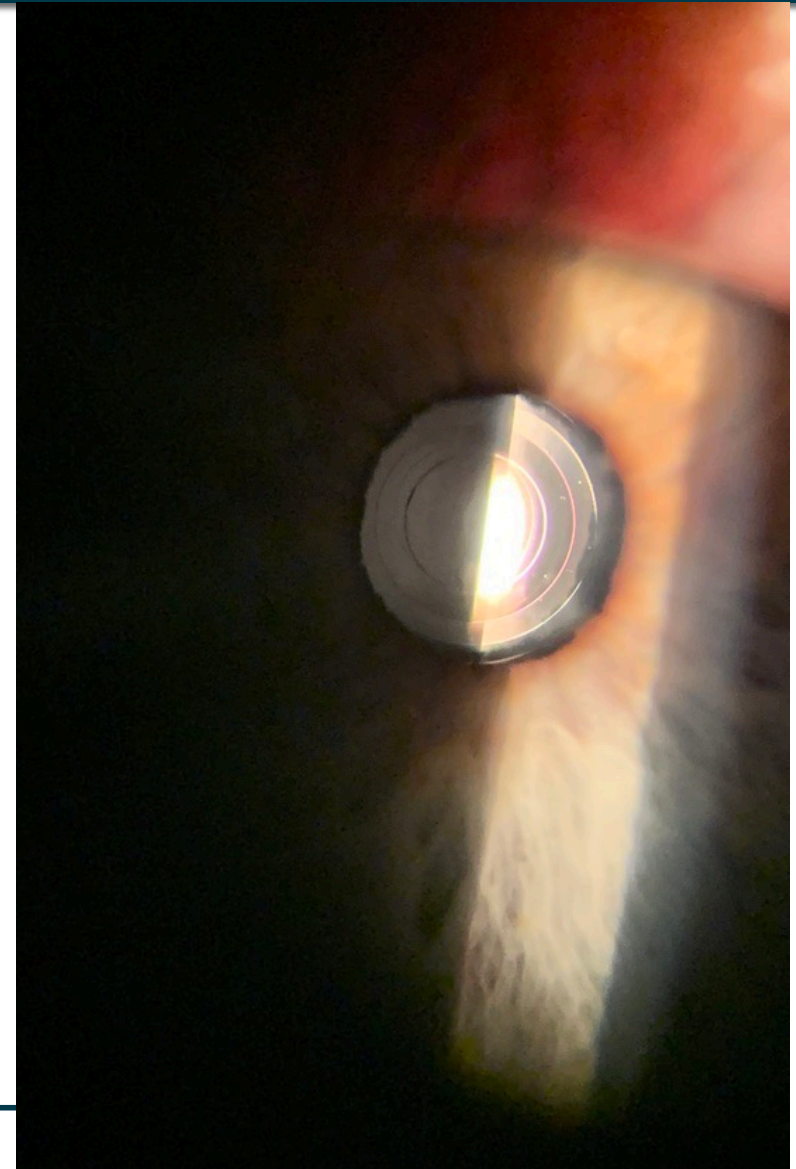
- What to do with residual Rx
 - Glasses or Contact Lenses
 - LASIK vs PRK finetune
 - Lens exchange



- Follow-up visits 0 day, 1 day, 7 day, 1 month, 3 month, 6 month then annually



- Similar to cataract surgery
- Acuity (Distance and Near)
- IOP
- Anterior Chamber Reaction
- Lens position



- Follow-up visits: 1 day, 1 week, 1 month, 3 months.
- YAG and LASIK fine-tune at 3 months plus



- Younger patients
- Need extra “coaching” through process
- Most will be advanced implants



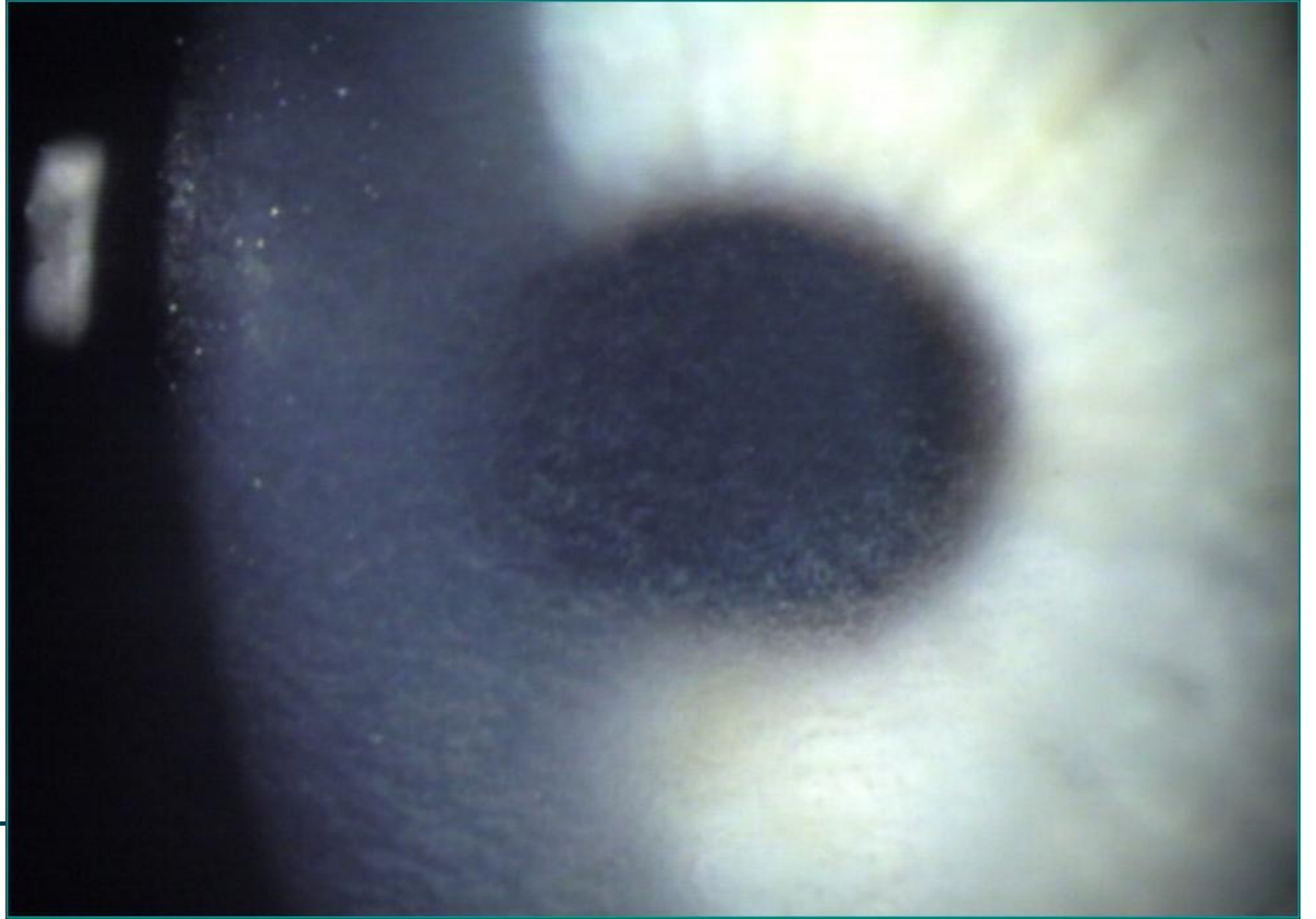


Complications and Unhappy Patients



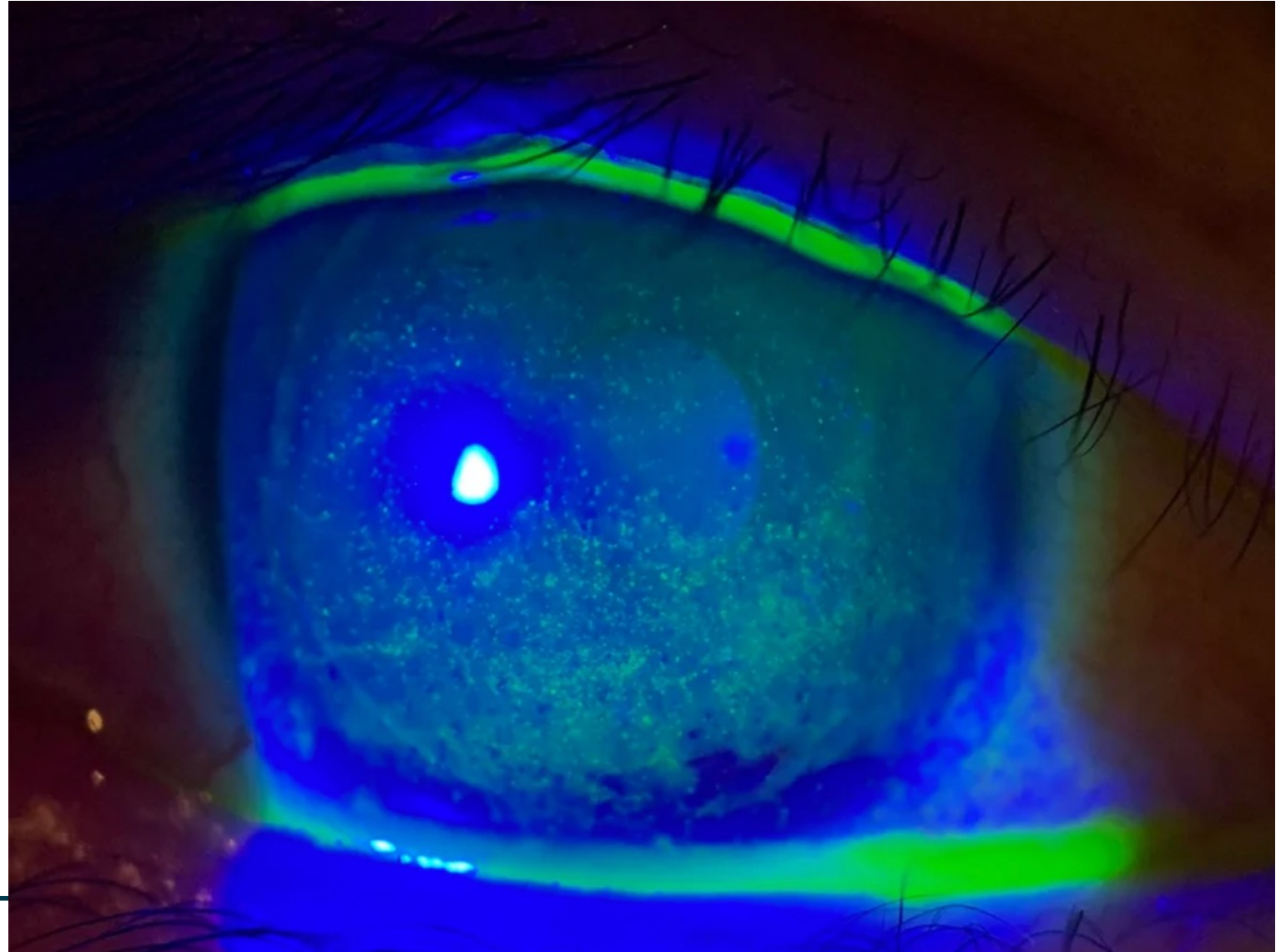
LASIK Complications

- DLK



LASIK Complications

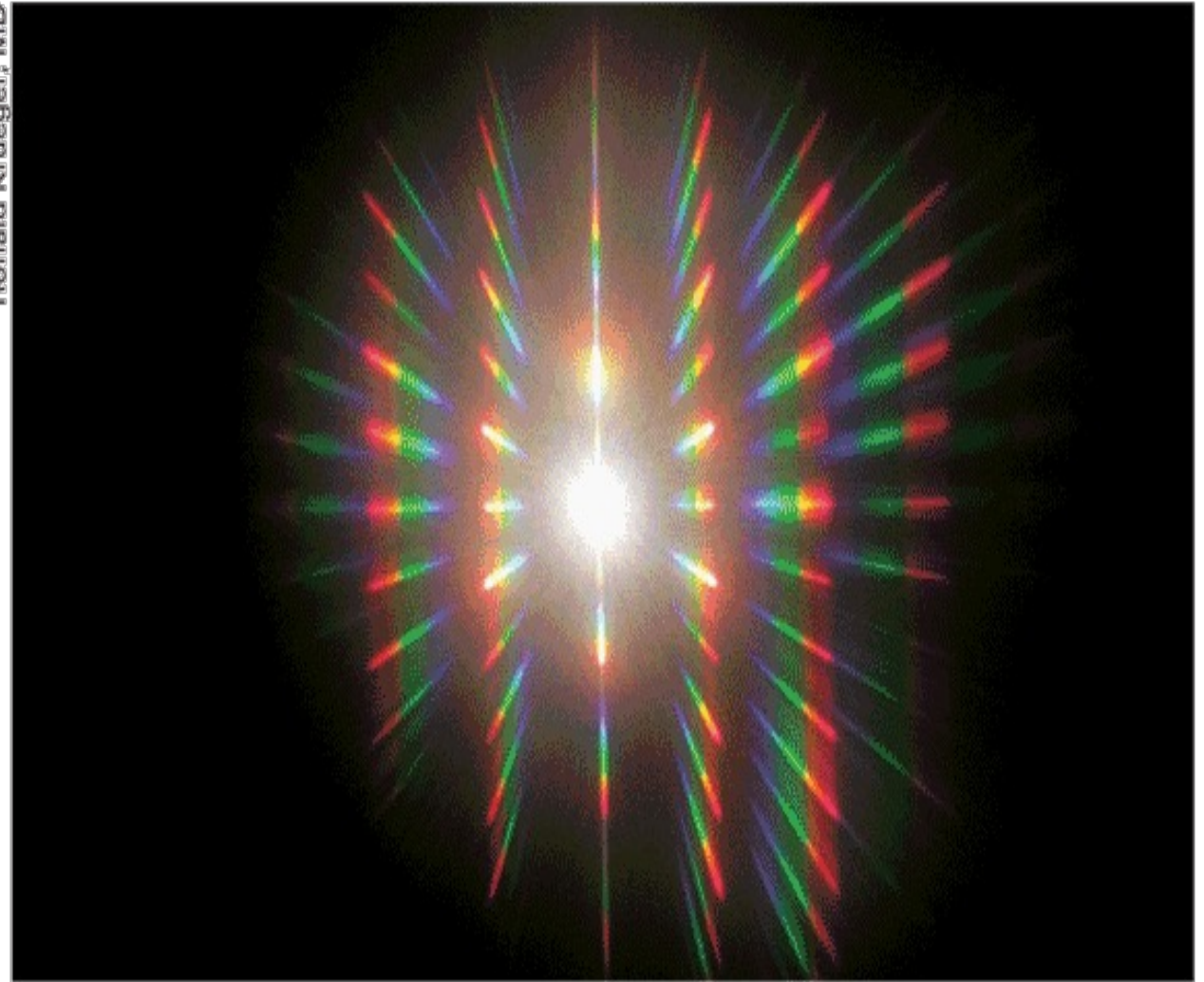
- Dry Eye



LASIK Complications

- Rainbow Glare

Ronald Krueger, MD

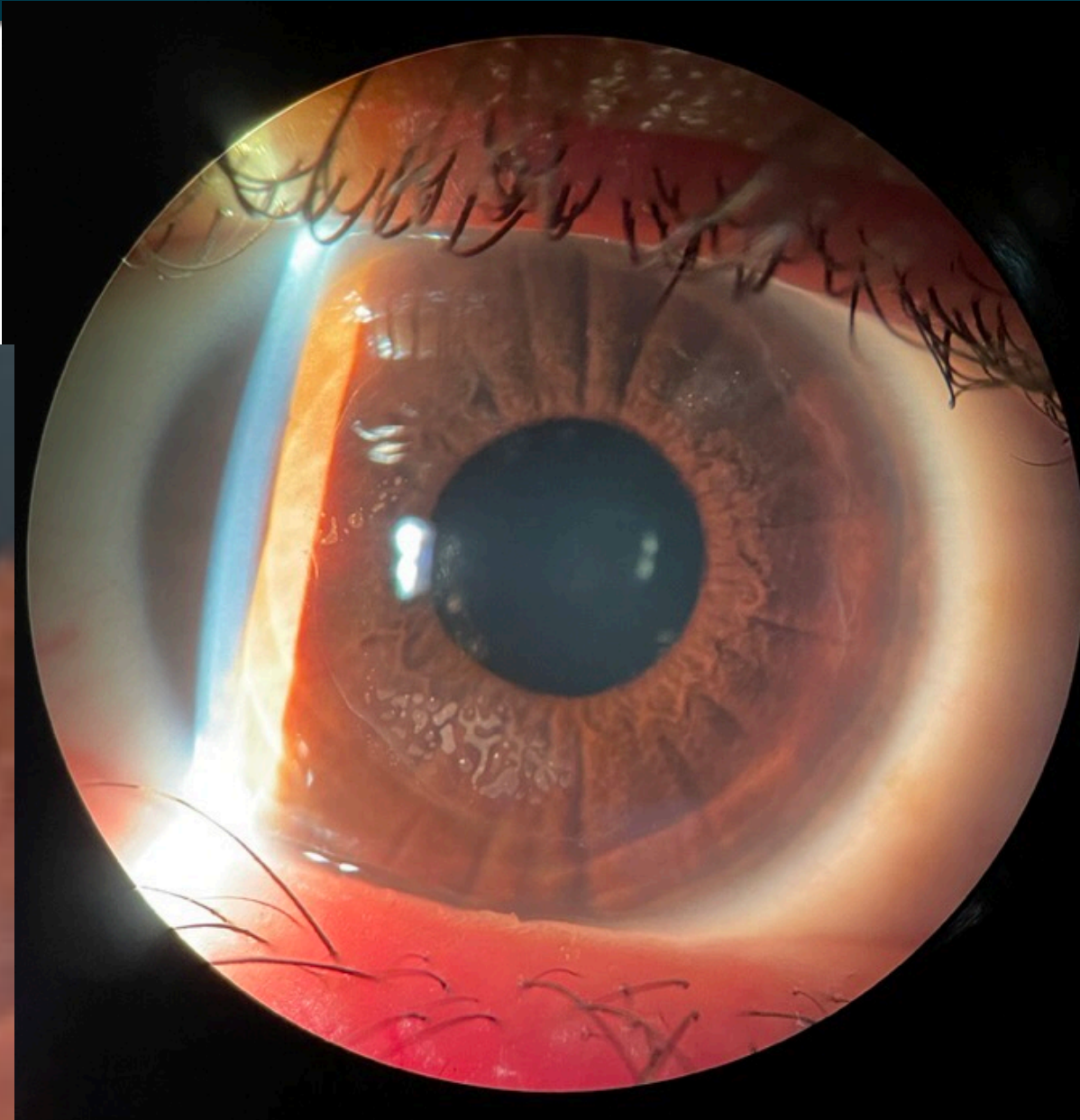
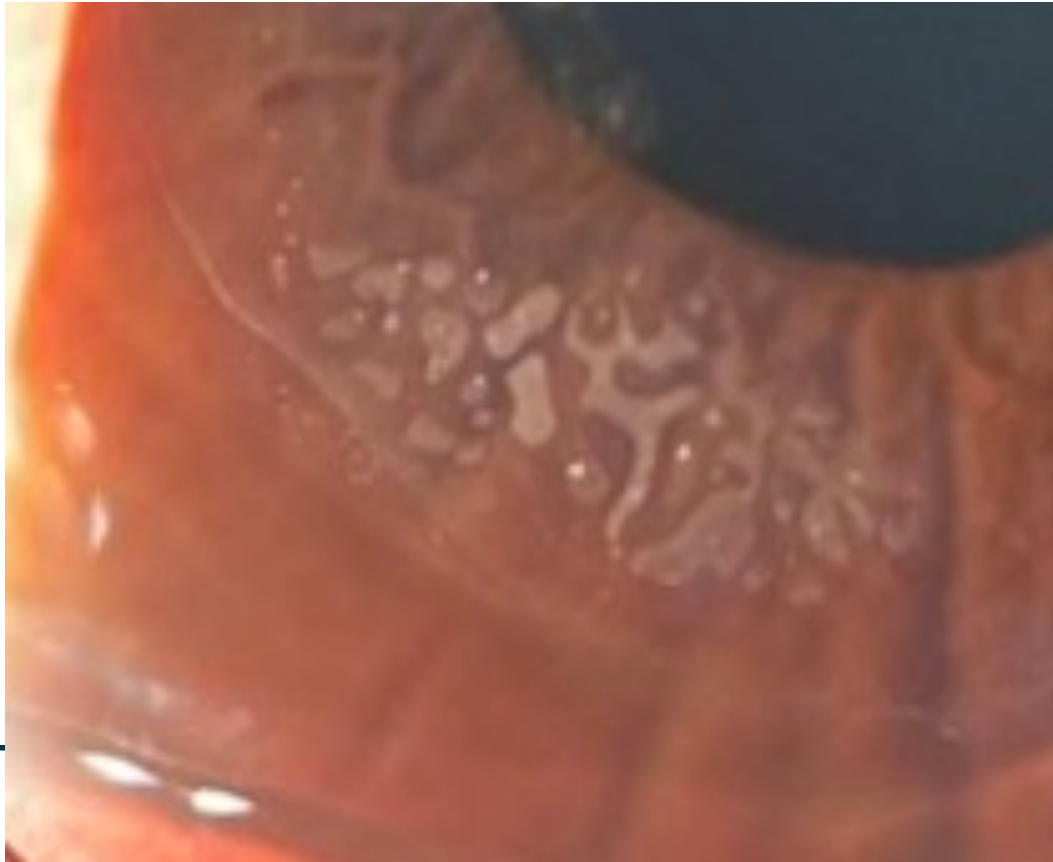


<https://www.reviewofophthalmology.com/article/a-refresher-on-postop-rainbow-glare.com/article/a-refresher-on-postop-rainbow-glare>



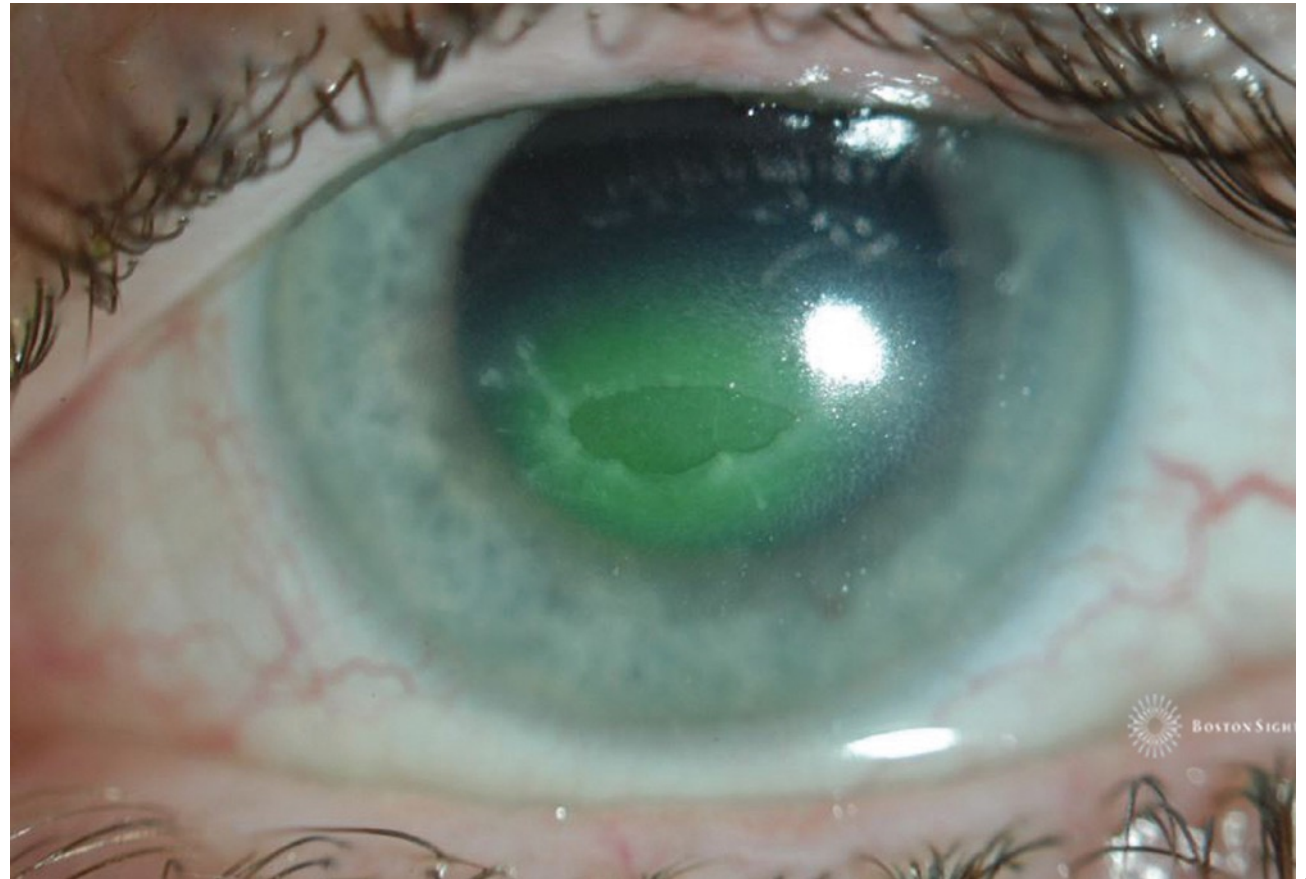
LASIK Complications

- Over/Under correction
 - Flap Lift vs PRK



PRK Complications

- Delayed Epithelialization

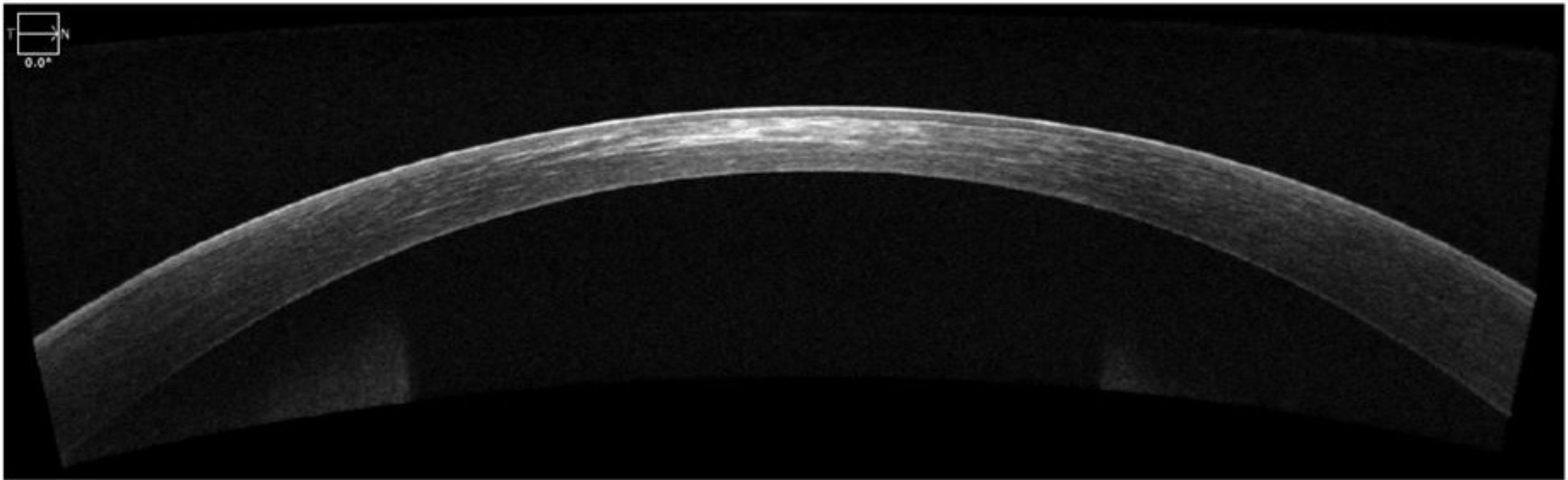


<https://www.reviewofoptometry.com/article/fixing-a-hole-how-to-heal-persistent-epithelial-defects>



PRK Complications

- Haze



PRK Complications

- Over/Under Correction



- Incorrect Vault
- Residual Correction
 - Check rotation with Toric ICL
 - LASIK/PRK Fine-tune



RLE Complications

- TASS
- CME
- Dry Eye
- PCO
- Lens Exchange (LAST RESORT)



Unhappy RLE Patient

- 55 yo computer tech
- Cataract surgery 2 years ago – monofocal IOL OU
- Unhappy with having to wear glasses for everything



Evaluation

OD

OS

Dsc

20/30-1

20/20-1

RX

+.75-1.50x95

+.50-1.50x79

20/20

20/20



- Leave it as is
- Contacts or glasses
- LASIK fine-tune for cylinder
- IOL Exchange for Trifocal, EDOF, Toric, LAL



	OD	OS
Dsc	20/20	20/25
Nsc	20/20	20/20
Rx	+.50-.50x15	+.25-.25x91

